BEHAVIORAL THREAT ASSESSMENT & MANAGEMENT:

A Cross Sector Guide for Communities
Assessing & Managing Threats and Other
Troubling Behavior

A Resource Developed by:

SIGMA, an Ontic Company

in Partnership with:

SENSE**M**AKERS

BAY AREA URBAN AREAS SECURITY INITIATIVE



BEHAVIORAL THREAT ASSESSMENT & MANAGEMENT:

A Cross Sector Guide for Assessing & Managing Threats and Other Troubling Behavior for Communities

This guide was created as a supplemental resource for participants in the behavioral threat assessment and management (BTAM) training provided in Bay Area UASI by SIGMA Threat Management, an Ontic company. This guide was developed by SIGMA subject matter experts. These contributors have extensive experience in developing and operating threat management processes in public and private sector settings and educational settings, assessing & managing individual threat cases, and conducting research on targeted violence and threat assessment in these settings. Some of the contributors previously served as researchers on the *Safe School Initiative* and were co-developers of the U.S. Secret Service and U.S. Department of Education's model for school threat assessment, also known as the National Threat Assessment Center (NTAC) model of school threat assessment. That resource, and others authored by these contributors, are referenced throughout federal guides on high quality emergency operations plans for schools, as well as referenced in several state task force reports on preventing targeted violence in schools. Additional resources specific to California and/or the Bay Area are listed in Appendix E.

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INTRODUCTION and GUIDE PURPOSE

This guide was developed as a resource for participants who attend the Bay Area Urban Areas Safety Initiative (UASI) Behavioral Threat Assessment & Management (BTAM) training funded by the Department of Homeland Security's Targeted Violence and Terrorism Prevention Program. The information found in this guide follows a public health informed approach in preventing targeted violence while proactively protecting civil rights and civil liberties.

This guide does not predict future violence nor is it a foolproof method of assessing an individual's or group's risk of harm to others.

The purpose of the guide is to provide guidance for using behavioral threat assessment and management (BTAM) procedures for assessing and managing threatening and other troubling behavior that impacts schools, workplaces, places of worship, and our communities. This guide also provides guidance on how to develop and operate behavioral threat assessment and management (BTAM) programs across many sectors. This reference guide does not replace the need for training in behavioral threat assessment & management and can be used as an ongoing resource following the completion of training.

The overall objective of this guide is to provide foundational information on behavioral threat assessment & management (BTAM) and the empirical basis for this fact-finding approach, how prevention is possible, and provide step-by-step guidance for following the procedures detailed in the U.S. Secret Service & U.S. Department of Education model of school threat assessment (also referred to as the National Threat Assessment Center model or the federal model). This information should serve to help multiple sectors (i.e. schools, government, houses of faith) to **identify, assess, and manage** threatening or significantly disruptive behaviors, with the overall goal of enhancing the safety and well-being of our whole community. Additional books and articles about behavioral threat assessment & management and related topics are listed in the Resources section herein.

OVERVIEW OF BEHAVIORAL THREAT ASSESSMENT & MANAGEMENT

What is Behavioral Threat Assessment & Management?

Behavioral threat assessment & management (BTAM) is a fact-based, systematic process designed to identify, gather information about, assess, and manage potentially dangerous or violent situations. A key goal is to distinguish between *MAKING* a threat and *POSING* a threat. The BTAM procedures detailed in the guide, as a supplement to training on BTAM procedures, will help users to make this critical distinction. Moreover, the procedures will help users to develop and implement "case management" plans (also known as intervention plans) in situations where someone poses a threat and intervention is needed to reduce that threat or risk. The goal of threat assessment is to mitigate safety risks- it is separate from a criminal or investigative disciplinary process.

Threatening and other disturbing behavior can come in a variety of forms. A threat may be:

- expressed/communicated verbally, behaviorally, visually, in writing, electronically, and/or through other means
- expressed directly or indirectly
- issued by someone known or unknown to the target
- might be veiled or not immediately understood
- conditional, threatening a particular action if something occurs or doesn't occur

BTAM teams and programs are designed to address any behavior or communication that raises concern that a person or situation may pose a danger to the safety of the school, campus, or workplace, and/or within the general community. Individual entities such as schools, higher education, workplaces, government entities, places of worship, transportation sectors, etc. may have individual internal teams/processes that also interact with community-based teams. The threat assessment research and principles contained here are applicable to all BTAM teams, with minor organizational adjustments for procedures, dependent on the entity and the community. The threat assessment process, however, remains the same across entities and communities. For sector specific considerations and resources in procedures and management, please see Appendix E.)

BTAM vs. Physical Vulnerability Assessments

While BTAM focuses on assessing behaviors of concerning individuals, "Physical Vulnerability Assessments" are physical security surveys and assessments on critical

infrastructure assets and facilities. This guide does not cover Physical Vulnerability Assessments.

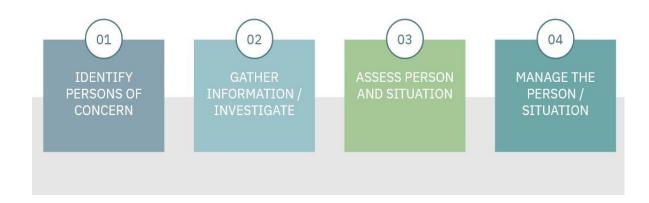
The BTAM Process

Behavioral threat assessment and management is a systematic process designed to:

- Identify the subject(s)/situation(s) whose behavior or impact has raised some concern
- **Gather** additional relevant information about the subject/situation in a lawful and ethical manner.
- Assess the situation, in context, based on the totality of the information that is reasonably, lawfully and ethically available to determine whether the subject/situation poses a threat of violence or harm to others and/or self; and,
- Manage the threat by implementing an intervention, supervision, and/or monitoring plan to prevent harm and/or further harm where possible and to reduce/mitigate impact of the situation.

What Threat Assessment IS

A SYSTEMATIC PROCESS THAT IS DESIGNED TO:



NOTE: It is very important to follow the full BTAM process. Shortcutting steps (for example, jumping from "Identify" to "Manage") raises the risk of not fully understanding the entire situation and managing the situation incorrectly because of inaccurate or incomplete information.

An Evidence-Based Model

The behavioral threat assessment & management process is recognized as best practice for addressing, evaluating, and managing threatening behavior and troubling situations that may impact community safety. The model described in this guide was originally created by the U.S. Secret Service & U.S. Department of Education (2002) and now is referred to as the National Threat Assessment model or the federal model. This model is an evidence-based model, based on empirical research on targeted violence in schools as well as empirical research on averted school attacks. It is also informed by decades of practice in using the NTAC model to handle thousands of cases of threatening behavior impacting school safety. Examples of targeted violence include stalking, terrorism, school shootings, and other mass shootings. Appendix D includes a list of resources that recommend BTAM as best practice and that provide detailed guidance on the NTAC model.

What Threat Assessment IS

BEHAVIORAL THREAT ASSESSMENT IS FACT-BASED AND DEDUCTIVE



BTAM is also recognized as best practice because it is a deductive process that focuses on the facts of the matter at hand, what conclusions those facts allow us to draw and what resources are most applicable based on the known facts. The BTAM process is NOT the same thing as profiling, which involves inductive reasoning rather than the deductive reasoning that BTAM involves (see text box below for more information on how threat assessment differs from profiling).

Is threat assessment the same as profiling?

No. Threat assessment is the antithesis of profiling. Profiling involves making generalizations about an individual based on the individual's similarity to high-risk groups, it is an inductive process. Threat assessment involves an individualized assessment of the subject of concern, in a particular situation, and at a particular point in time. The process is deductive, dynamic, and responsive to the nature and process of the threatening situation. For further information about the differences between threat assessment, profiling, and clinical assessment of dangerousness (aka. violence risk assessment) please see:

Reddy, M., Borum, R., Berglund, J., Vossekuil, B. Fein, R. & Modzeleski, W. (2001). Evaluating Risk for Targeted Violence in Schools: Comparing Risk Assessment, Threat Assessment, and Other Approaches. Psychology in the Schools, 38(2), 157-172.

BTAM Process at a Glance

Later in this guide, we provide detailed, step-by-step procedures for handling a threat -- or other troubling behavior -- from start to finish. For the purposes of this section, below is an overview of what happens when a threat – or other troubling behavior – is reported to a BTAM team:

- 1. Assemble team to brief them on the new threat/troubling behavior
- 2. Screen initial report to determine if the team should run a threat assessment

If a threat assessment is needed, the team will proceed with the next steps:

- 3. Gather Information from multiple sources
- 4. Organize and analyze information
- Make the assessment and determine whether intervention is needed

If case management or intervention is needed, the team will follow the remaining steps:

- Develop and implement a plan for case management, intervention, and/or support
- 7. Monitor progress of case management plan / intervention plan and re-assess
- 8. For all cases, document steps taken by the BTAM team and close the case when the team decides the level of concern is sufficiently low.

The Goal of the BTAM Process

The primary goal of the behavioral threat assessment & management process is to prevent harm and to take efforts to enhance the <u>safety & well-being</u> of everyone involved, including the individual of concern, the situation, and the community.

It is important not to confuse tactics or tools (e.g., counseling, support, discipline, prosecution, suspension, termination, dismissal, etc.) with goals or desired outcomes (i.e., enhance the safety and well-being of the situation). Instead of saying that "Our goal is to get the person into counseling", it is more effective from a prevention standpoint to re-frame the discussion as "Our goal is to improve the safety and well-being of the situation. What tools or resources may help us? How will a referral to counseling help us move toward that goal? If counseling is not sufficient in this case, what other approaches may work? What do we do if those don't appear to be working? In addition to intervening with the subject, what can we do to enhance the safety of others?"

Threat assessment & management is not an adversarial process and is most effective when it is <u>not</u> approached as adversarial. Many threats are a cry for help — and oftentimes those who engage in threatening behavior are seeking to be heard and understood (even if they are doing so in a way that is scaring others). While some of the ways the subject may be trying to address a grievance may be inappropriate or threatening (and need to be addressed), their problems or concerns may be legitimate or may help us understand environmental or systemic issues (such as bullying, harassment, or bias) that are fueling their desperation or hopelessness. Using a holistic approach to try to understand what is driving or causing the threatening behavior can help a team identify the underlying problems or other factors the team can help solve or address, to get the person off the pathway to violence and onto a better path.

Guiding Principles of Behavioral Threat Assessment & Management

Several principles guide the BTAM process¹. They are helpful for threat assessment team members and practitioners to keep in mind as they follow the threat assessment process in any given case:

¹ Fein, R., Vossekuil, B., Pollack, W., Borum, R., Modzeleski, W., & Reddy, M. (2002). <u>Threat Assessment in Schools: A Guide to Managing Threatening Behavior and Creating Safe School Climates</u>. Washington, DC: U.S. Secret Service and U.S. Department of Education.

Targeted violence is the end result of an understandable, and usually, discernible, process of thinking and behavior.

Individuals who have committed targeted violence did not "just snap," but engaged in a process of thought and behavior that escalated over days, weeks, months, and even years. That pre-attack behavior was often known to others or was potentially detectable.

Targeted violence stems from an interaction among the \underline{S} ubject(s), \underline{T} arget(s), \underline{E} nvironment and \underline{P} recipitating Incidents (STEP).

Identifying, gathering information, making an assessment, and intervening before harm occurs requires a focus on the four components below and their interaction:

- Subject of concern (i.e., the person that the team is assessing) should provide insight into how the individual perceives and deals
 with conditions, often stressful, in their life and the intensity of
 effort they direct toward planning and preparation for violence.
- Target examine access that the subject has to the target(s) and ways to decrease a target's vulnerabilities; also examine the relationship between the target and subject and how the relationships dynamics may be influencing the subject's intended goals.
- **Environment** examines school/workplace climate that may be affecting the subject of concern and systemic issues that contribute to the risk of violence, or do not discourage it.
- Precipitating events should examine critical stressors or events such as bullying, personal stressors, enforcement actions, or even threat assessment team interventions, which may increase or decrease the risk for violence.

An investigative, skeptical, inquisitive mindset is critical to successful threat assessment.

Threat assessment team members should strive to be accurate, fair, and diligent in gathering data to identify consistencies and inconsistencies to gain understanding of the context and situation. It

is important to be aware of personal biases that may impact accurate interpretation of data; thus team members must openly discuss differences in interpretation of the data and inconsistencies within the data. Members of a multi-disciplinary team provide perspective, experience, training and resources from their individual disciplines, and it is important that these are represented during discussions.

Effective assessment is based upon facts and observations of behavior, rather than on characteristics, traits, or profiles.

Perpetrator "profiles" do not provide a reliable basis for making judgments of the threat posed by a particular individual. The threat assessment process examines the behavior of the subject in relation to the context, issues, challenges and resources involved. This provides for an individualized, holistic, and fact-based understanding of the situation.

The central question in a threat assessment inquiry is whether a subject <u>poses</u> a threat (i.e., is building the capability to cause harm), not just whether the subject has made a threat (expressed intent to harm).

Research on targeted violence has found that fewer than 20 percent of violent perpetrators communicated a threat directly to their target before the violence. In the majority of incidents of targeted violence, perpetrators did not directly threaten their targets, but communicated their intent and/or plans to others before violence. This indirect expression or third-party communication of intent to cause harm is often referred to as "leakage". Individuals who are found to <u>pose</u> threats frequently <u>do not make</u> direct threats to their targets. The absence of a directly communicated threat should not, by itself, cause a team to conclude that a subject does not pose a threat or danger to self or others. Subjects that potentially *pose* a threat often demonstrate pathway behaviors (see p. 13 Corroboration is critical

It is important to keep in mind that a threat assessment case is an inquiry – meaning it's a process designed to gather information and facts in order to develop a more comprehensive understanding about

the person in question, his or her situation, setting, and potential targets. One hallmark of a good investigation is corroboration or fact-checking — that is, taking steps to confirm information from other sources.

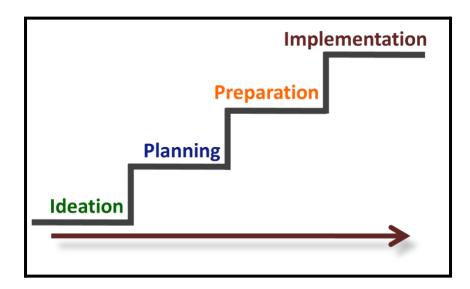
An "integrated systems approach", coordinating between local agencies and service systems within the community (e.g., mental health services, law enforcement, court system, social services, probation/parole, education) should guide threat assessment and management processes.

Relationships with agencies and service systems within the community managing individuals who are on a path to carrying out an act of targeted violence.

Additional guiding principles can be found in Appendix B.

How Threat Assessment Works: Understanding the Pathway to Violence

The following graphic illustrates the "pathway to violence" - that is, the progression of behavior taken by subjects before they have engaged in targeted violence: They start with an idea to do harm, develop a plan to carry it out, prepare by acquiring the means or capacity to do harm, and then implement the violent act. When a threat assessment team conducts a threat assessment, they will gather information to determine whether the subject (i.e., the person they are assessing) is on a "pathway to violence" – and if so, why.



<u>Ideation</u>: Expressing thoughts or fantasies considering the use of violence to correct a perceived wrong, effect change, get help, bring attention to a cause, gain notoriety, or to end personal pain through suicide by cop/authority.

Note that many people have occasional or fleeting thoughts of violence, but most do not act on those thoughts or move forward along the pathway. Therefore, knowledge that someone is thinking about violence does not confirm that a danger exists but should orient us to gather information to determine whether the person has the interest, motive and capability to attack.

<u>Planning:</u> Giving thought and consideration not only to the idea of committing violence, but the <u>who, what, when, where and how</u> of doing so. Expressions may begin to reference timing, location, targets, means, methods, etc. The subject may seek out and gather information regarding their grievances, their targets, means of causing harm, equipment, etc.

<u>Preparation:</u> Beyond just acquiring weapons, this stage involves attempts to prepare for the violence and to develop or acquire the *means, method, opportunity, and/or proximity* to be able to harm the intended target(s)/victim(s). They obtain or try to obtain the means to fulfill their plans (e.g., weapons, tools, particular clothing, etc.) They may adjust plans as the barriers are encountered or opportunities to attack present themselves.

Subjects may also probe boundaries to practice accessing areas and test security measures.

<u>Implementation</u>: The subject initiates the operationalized plan once reaching a point where they perceive themselves as capable of doing so. Capability is based on the subject's perceived skill (to cause harm) and desire to do so.

As a person moves along the pathway to violence, there may be an escalation in the rate of movement (i.e., a flurry of activity or energy burst), changes in the frequency of behaviors causing concern (e.g., several concerns over time), and/or a sudden, otherwise unexplained, change in patterns of behavior where someone "goes off the radar". A BTAM team needs to check whether the concerning behavior has stopped, the subject has become more covert in their actions, and/or community members have stopped reporting concerns. In addition, the individual may return to an earlier step on the pathway (e.g., begin preparatory steps and return to planning to better refine the method or selection of different/additional targets). Regardless of where someone is on the pathway to violence (if they are on it), it is still possible to prevent harm with interventions that can get the person off the pathway to violence and onto a better path.

Research indicates that while targeted violence incidents are rarely spontaneous and impulsive, they can escalate rapidly from ideation through implementation. This may be expedited by a sense of desperation for resolution, lack of concern for consequences, or the influences of others encouraging escalation (e.g., through social media or direct communications). When there are indications that a subject may pose a threat to a community, threat assessment teams will need to move quickly to inquire about and intervene in that planning or preparation.

Implications for Prevention

<u>Many acts of targeted violence are preventable</u>. The challenge is that while there are usually pieces of the puzzle available, the information is likely to be scattered and fragmented. Confidential reporting procedures are critical so multi-disciplinary threat assessment teams can act quickly to assemble the facts to determine if the subject of concern is on the pathway to violence, and to work with them to solve underlying problems and move them away from thoughts/plans of violence.

BUILDING A BEHAVIORAL THREAT ASSESSMENT & MANAGEMENT (BTAM) PROGRAM

There are several considerations for establishing and operating a behavioral threat assessment and management team or program (BTAM team or BTAM program). This section includes general information that can be used to build a BTAM team or program. It is important that teams be established, trained, and have experience working as a team so that when information about a concerning person is brought to them, they are ready and able to investigate the situation as a team.

Components of a BTAM Program

The following basic components are recommended for BTAM programs. While the primary component of any BTAM program is a BTAM team, listed below are other program components that can help a BTAM team operate efficiently and effectively²:

- Policies and procedures that define threats and other potentially dangerous behavior as well as how such behavior may be handled.³ Policies and related conduct handbooks should address student behavior and employee behavior in educational settings as well as workplace settings.
- ☐ Multi-disciplinary threat assessment & management team (BTAM team). See section below on options for BTAM team /program structure
- □ Authority for the BTAM team to engage in the behavioral threat assessment & management process.
- ☐ Training for the BTAM team and key gatekeepers on behavioral threat assessment & management procedures
- Multiple reporting channels or mechanisms (including optional anonymous

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² For more information on school BTAM program components, please see Fein, R., Vossekuil, B., Pollack, W., Borum, R., Modzeleski, W. & Reddy, M. (2002). <u>Threat Assessment in Schools: A Guide to Managing Threatening Situations and Creating Safe School Climates.</u> Washington, DC: U.S. Secret Service and U.S. Department of Education. And also, National Threat Assessment Center (2018). <u>Enhancing School Safety Using a Threat Assessment Model: An Operational Guide for Preventing Targeted School Violence.</u> Washington, DC: U.S. Secret Service, Department of Homeland Security. For more information on college/university BTAM program components, please see Deisinger, G., Randazzo, M., O'Neill, D. & Savage, J. (2008). <u>The Handbook for Campus Threat Assessment & Management Teams</u>. Stoneham, MA: TSG Solutions Inc.

³ Note that zero-tolerance policies and other policies that trigger automatic, severe disciplinary consequences are not recommended. Such policies can have an inadvertently chilling effect on the willingness of students, employees, and others to report threats and other behavioral concerns.

reporting mechanisms), that can allow community members to report
threatening and troubling behavior to the BTAM team

- ☐ Guidance to the community on what types of behaviors and situations should be reported to the BTAM team, and how reports can be made (including any mechanisms for anonymous reporting, if available)
- Procedures for documenting reports of concerning behavior that are referred to the BTAM team
- Access to guidance from legal counsel about issues that may impact the work of the BTAM team, including:
 - Relevant laws and regulations, including special education policies and procedures in education
 - o New developments from case law
 - Changes in regulations
 - Proposed legislation
 - Questions about FERPA, HIPAA, police/criminal justice records, and other information-sharing concerns
 - Case documentation

The following sections offer more detail on some of these BTAM program components.⁴

⁴ More information is available in <u>Threat Assessment in Schools: A Guide to Managing Threatening Behavior and Creating Safe School Climates</u> and in <u>Enhancing School Safety Using a Threat Assessment Approach: An Operational Guide to Preventing Targeted School Violence</u>, as well as in other resources identified in Appendix E.

For more information regarding specific considerations when conducting a threat assessment involving students receiving special education services, read "<u>Behavioral Threat Assessment and Management (BTAM) Best Practice</u> Considerations for K-12 Schools" from the National Association of School Psychologists (2021).

Developing and Operating BTAM Teams

BTAM Team Membership

The primary component of a BTAM program is a multi-disciplinary threat assessment & management team (BTAM team). Involving members from an array of disciplines enhances the team's ability to:

- Identify developing concerns/threats
- Gather information from multiple sources and organizational "silos"
- Maximize skills and resources to address concerns
- Monitor outcomes
- Enhance the community's overall ability to:
 - Communicate (to, from & within the teams)
 - Collaborate (working together for the best awareness and outcomes)
 - Coordinate (engaging in purposeful planning and coordination of actions and interventions, within the team and with outside partners).

Each member of a community BTAM team should be aware of their role and responsibilities.

Membership, Roles and Responsibilities of BTAM Teams

Roles and responsibilities for school BTAM teams typically include:

o Team Leader/Administrator:

- Consults with team members to screen cases and helps to determine when to conduct an initial screening and when appropriate to mobilize a full threat assessment inquiry
- Assists in having conversations with subjects of concern, targets, witnesses, teachers, staff, parents, students
- Assists in gathering additional information (e.g., school records)
- Ensures that any threat management plan is followed and monitored

 Works closely with the public information officer or communications director to respond to community concerns and questions

o Mental Health Professional

- Assists in having conversations with subjects of concern, targets, witnesses, co-workers, supervisors, teachers, staff, parents, students
- Serves as a liaison with mental health providers
- Advises the team on available interventions and supports, including possible mental health and behavioral assessments, where appropriate
- Assists with next steps and possible referrals
- Helps delivery services outlined in the management plan, if appropriate

o Law Enforcement:

- Help with critical data collection, particularly social media
- Identify concurrent safety concerns in the community
- Provide information regarding prior involvement with law enforcement, as privacy guidelines allow
- Assists in conducting interviews of subjects, targets, witnesses, co-workers, supervisors, teachers, staff, parents, and students
- Assists with efforts to ensure safety and security conducts independent criminal investigations, as needed and appropriate
- Serves as a liaison with law enforcement, court personnel, juvenile justice, probation, etc.
- Provide mentoring and community supports
- Uses discretion to determine the need for welfare checks, weapons checks, gun violence restraining orders⁵, and home searches, where permissible

⁵ For more information: https://www.courts.ca.gov/33679.htm?rdeLocaleAttr=en

Assists with next steps and possible referrals

Other considerations for membership include persons with expertise in:

- Human Resources, (informed on personnel policy and practices)
- Legal Counsel (as a legal advisor)
- o *Ad hoc* members include IT, Public Relations/Communications, Key Gatekeepers such as someone from the school, (e.g., teacher, counselor, coach, other school employee) or community (e.g., probation officer, social service worker), Workplace Violence Coordinators and Equal Opportunity Officers who may know or have knowledge of the subject or have special expertise to help the team deal with an issue.

Finally, the team should consider having access to external consultants as needed, including:

- threat management specialist(s) who has the relevant education, training, and experience to assist with the inquiry, assessment and management of challenging cases, to coach and ensure consistency of process, to assist with continual improvement of the process, and to sustain training of team members; and
- 2) an **independent medical/psychological evaluator** (IME) who has the relevant education, training, and experience to conduct clinical violence risk assessments when necessary. It is best to have a pre-established relationship with at least one, and preferably two qualified
 - evaluators. Having a pre-established relationship allows better opportunity to vet potential providers (to ensure their competence and experience), to understand costs and process for assessments, and for them to understand the needs and resources of your organization, in addition to appropriate sharing of information with appropriate consent.

External consultants do NOT replace the school BTAM process but provide additional data and expertise to help guide the school/district BTAM process.

Maximizing the Effectiveness of a BTAM Team

Team membership should not be viewed only in terms of what positions or offices are represented on the team. Team membership can also factor in which types of

individuals may be best suited to serve on BTAM teams.

In choosing team members, team functioning is enhanced if BTAM team members exhibit the following skills and attributes:

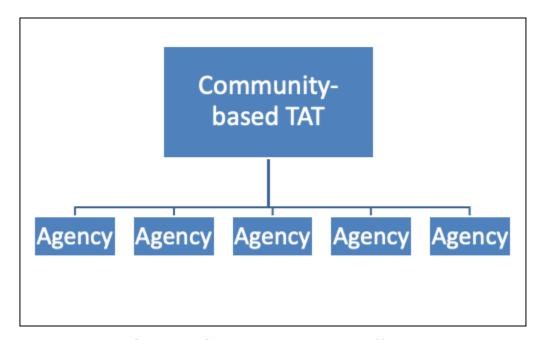
- are passionate about the goals of the team who believe prevention is possible
- are familiar with and trained in -- threat assessment principles and practices
- are inquisitive and can have a skeptical mindset for work on the team
- exercise good sense of judgment, and who are objective and thorough
- relate well with others and can work well in a group
- are willing to evaluate and minimize impact of bias
- can advocate for necessary resources for the team and for individuals of concern
- leadership skills to effectively lead team discussions and keep the team on track (team leader)
- are willing and comfortable with considering differing perspectives and opinions in an objective manner

BTAM Program Structure-Community-Based

Community-based BTAM teams that operate independently, but possibly in conjunction with school-based teams, will often have different membership. An adult community-based team may have elements of Human Resources from various entities, adult-based criminal justice personnel such as adult parole/probation and courts, safety departments from various entities, advocacy, Veterans Administration, higher education, etc. In many situations, membership of community teams and school-based teams will overlap. Community teams should have membership from school-based teams to assist with adult threats in the schools.

The operating principles of community teams will be like those considered best practice for school-based and higher-education teams. The process of screening, information gathering, assessment, and management is the same. As with school and higher education teams, the focus is the prevention of violence. Community -based teams are designed to be a support system for the member entities, assisting in information gathering, assessment, management strategies, and resources for agencies that are addressing concerning or threatening situations. The teams are typically advisory in nature, with final responsibility of actions taken and records retention remaining with the agency presenting the case. For example: a faith-based organization may wish to

partner with other faith-based organizations in their jurisdiction to create a BTAM or a BTAM could be established by a private sector entity with multiple locations.



Resources and Approaches to Increase Team Effectiveness

BTAM teams can work proactively to develop, research, implement, and enhance other resources that can help the BTAM process work more effectively. Considerations include:

- Identify and list local resources (school-based, campus-based, and/or community-based): law enforcement (if not already present), community mental health services, child protective services, law enforcement crisis response units, emergency psychiatric screening services, juvenile justice resources, victim advocacy, etc.
- Establish liaisons with community resources and secure access (including afterhours): Proactively build relationships and update information yearly.
- Identify state-level resources: State emergency management agencies, Law Enforcement Fusion Center, Pardon and Parole Boards, State Workforce Commission, State Department of Homeland Security, State Health Agencies, to name a few. Identify potential subject matter expertise: What resources does the team have access to regarding implications when disabilities are present, independent violent risk assessments, tracking social media threats, etc.
- Access to informed/relevant legal counsel input (e.g., on questions such as FERPA

exceptions, compliance with legal requirements). We recommend consulting with legal counsel when establishing BTAM policies and protocols, including mechanisms for documenting cases.

Encouraging People to Report Threats/Concerns: Overcoming the Bystander Effect

Identification depends, in large part, upon the willingness and ability of the community to overcome the "bystander effect" and report concerns.

To help bystanders be more actively engaged in supporting the safety and wellbeing of the community, members of the community need to know:

It is everyone's role and responsibility to share concerns.

When someone recognizes a concern, that information should be reported/shared to the community BTAM team.

What to report.

While there is no one list of THE behaviors that may cause concern, providing examples of concerns that the team can assist with, will help community members better recognize, respond and report concerns appropriately.

Where (and with whom) to report.

Community members need to know where, how and with whom they should share concerns. It can be helpful for the community to have multiple mechanisms to foster reporting and awareness of concerns. Students, in particular, need awareness training, in addition to specific instruction and support, on how to utilize the reporting avenues to get help (i.e., They are not "narking", but they are getting help for someone and that is ok".)

Multiple reporting mechanisms should be considered. BTAM members should consider websites, emails, anonymous tip lines, drop boxes, QR codes as reporting options. These reporting mechanisms should be checked on a regular basis and limitations fully disclosed (i.e. only monitored during 7am-7pm) with alternatives provided to address the limitation. Visit www.ncric.ca.gov/reporting for more information on reporting.

Reports are wanted.

All community members need to know that reports are welcomed, even if the situation is determined not to be a threat.

Something will be done.

The community is more likely to come forward when anonymity is respected, and concerns will be addressed in a responsible and fair manner.

Regular reminders of issues and process

Schools, businesses, places of worship, government entities, etc can experience great mobility amongst staff and students, thus ongoing training and education needs to be ongoing throughout the year.

Guidance on What Should be Reported

Any information that is concerning, troubling, or upsetting needs to be reported. Examples include, but are not limited to:

- Threatening statements, gestures, and/or artistic impressions.
- Persons with ongoing, unresolved grievances
- Unusual or bizarre communications or behavior
- Information about someone expressing thoughts, plans or preparations for violence
- Concerns that someone may harm themselves
- Behavior that significantly disrupts the learning, working, or community environment
- Behavior that seems troubling or disturbing
- Persons seeming isolated and alienated from others
- Anything out of the ordinary that raises concern about safety

Reporting Sources

The team may consider establishing liaisons with community-based groups to

educate them about the threat assessment team and encourage sharing of concerning information. Be sure to provide access to mechanisms that allow for **anonymous reporting**.



This diagram shows examples of various sectors and sources of information that may report concerns to the threat assessment team.

In the graphic above, all the communication pathways are <u>bi-directional</u> to represent the potential involvement of all these entities in continued engagement in and support of the behavioral threat assessment and management process. This is not to say that the team discloses all aspects of the case to those outside the team, but rather that the team discloses information (within the limits of law and professional ethics) based on what those persons have a need to know, to support the safety and well-being of the situation.

Encouraging reporting can be accomplished through various mechanisms such as general awareness training for the community, providing multiple ways to report a concern to the team, and notification to involved parties.

If You See Something, Say Something is catchy, but incomplete.
Change to:

If you SEE/HEAR/KNOW something,
SAY something, &
DO something

Regular Awareness and Reminders of the Process

Administrators, BTAM team members, and key gatekeepers should regularly seek opportunities to build awareness of, and engagement with, the BTAM process. Examples of strategies to support this effort include:

Outreach/Awareness presentations

- The entire community
- Partner organizations
- Administration
- All staff including but not limited to: custodial, maintenance, transitory, and temporary personnel
- Students (*awareness training needs to be age appropriate and reinforced throughout the year)
- Parents
- Contractors/Vendors
- Community groups/organizations
- School / campus neighbors

Training Sessions

- Behaviors to report
- Reporting & case management process
- Verbal de-escalation
- Incident survival & response

Information: Available and sustained

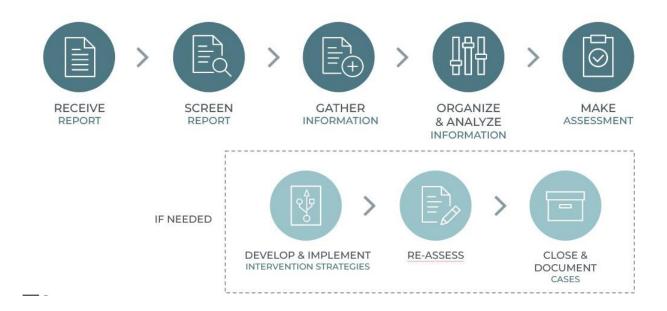
- Website
- Mobile Apps
- Newsletters / email

- Social Media
- Trusted parties
- Others....

STEP-BY-STEP BEHAVIORAL THREAT ASSESSMENT & MANAGEMENT PROCESS

Synopsis of the BTAM Process

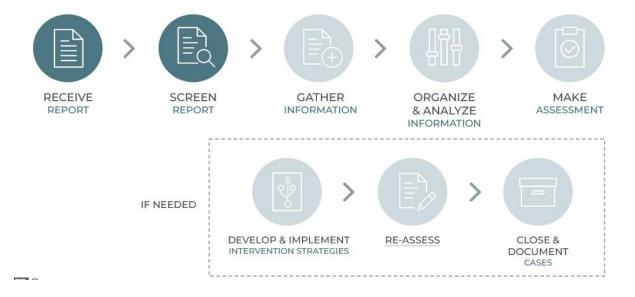
Threat assessment process



When a threat or other troubling behavior is reported to a BTAM team, below are the steps that BTAM teams should follow to complete the BTAM process. The graphic provides a visual representation of the BTAM process. The following sections provide more detail on each step in the process.

Step 1: Receive a Report of Concern

Threat assessment process



When a BTAM team first learns of a new report of a threat or other troubling behavior, the team (or one member of team) should collect initial intake information about the behavior, the Concerning Person (i.e., the person who engaged in the threatening behavior; the person to be assessed), and other information that is readily available, including (but not limited to):

- Initial Report (what is the threatening behavior, when did it occur, etc.)
- Name of the Reporting Party / Witnesses
- Any weapons involved/threatened
- Details about concerns and any relevant background about situation
- Name of Concerning Person (i.e., the person to be assessed)
- Any Identified/Identifiable Targets

Step 2: Screen the Case (Do you need to run a threat assessment?)

Typically, when a BTAM team learns about a threat or other troubling behavior, the team will screen the report to determine whether they should run a threat assessment. Based on the initial report(s) and a quick review of readily available information, the BTAM team (or a subset) should <u>first</u> screen the case for two primary elements:

(1) Is there imminent danger or an emergency?

And

(2) Is there a need to run a threat assessment?

The purpose of screening is to determine if immediate protective/response action is needed (in situations where there is an emergency) and then to determine if a threat assessment is needed. For all screening questions, BTAM teams can choose the exact language to use – based on the BTAM team's scope and other factors. We offer sample screening questions below, for consideration.

Screen for Imminent Danger / Emergency (Sample Question)

- (1) Based on the initial report, is this situation an emergency? Is there an immediate danger or urgent safety concern?
 - a. If yes, call 911 and follow emergency protocols. When it is safe to do so, screen for running a threat assessment.
 - b. If no, proceed with screening for running a threat assessment.

Screen for Running a Threat Assessment (Sample Question)

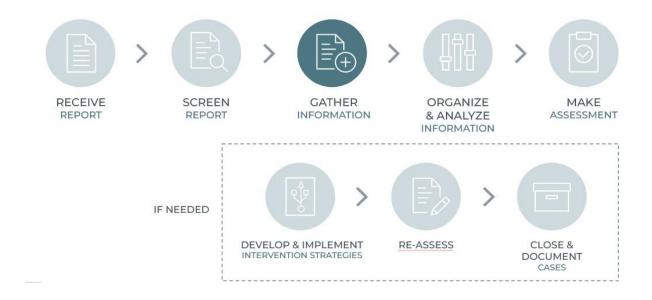
- (2) Is there a need to run a threat assessment? For example, has there been any of the following:
 - Threat of violence to others
 - Threat of harm to self
 - Other behavior (e.g. planning for violence, telling others

about violent plans) that raises concern about potential violence

- Victim, target, or third party who is fearful and taking protective actions
- Concerning and otherwise unexplained change in behavioral patterns and/or appearance
- Other need to run a threat assessment
- a. If yes, run a threat assessment. Proceed to the next step in the BTAM process:
 - Gather Information from Multiple Sources (see Step 3 below)
- b. If no, complete documentation of the screening process, make any necessary notifications (per policy), and close the matter.

Step 3: Gather Information from Multiple Sources

Threat assessment process



When a BTAM team conducts a threat assessment, the team should seek information from all identifiable persons and sources that may have any information about the Concerning Person or situation in question. A key component of effective threat assessment is seeking information from multiple sources beyond the BTAM team itself – and not rely just on what the BTAM team members may happen to know about the Concerning Person or situation.

Effective behavioral threat assessment and management involves a holistic approach to understanding and managing the concerning situation. The team will consider four domains that impact the assessment and management of cases:

- **S** Is the **Subject** (i.e. the Concerning Person) engaging in behavior(s) causing concerns for violence, harm, or significant disruption?
- **T** Are **Targets** vulnerable, impacted, or taking protective actions as if there are concerns for violence or significant disruption?
- **E** Are there **Environmental/systemic** issues impacting the situation?
- **P** Are there reasonably foreseeable **Precipitating events** that may escalate the situation?

We use the acronym "STEP" to make these domains easy to remember.

Gather information



SEEK OUT INFORMATION FROM MULTIPLE SOURCES ABOUT THE PERSON AND HIS/HER SITUATION

Who might have information?

- Law enforcement (e.g., TLO/Criminal records, etc.)
- Human Resources/Employee Relations/Corporate Medical/Labor Relations
- · Security/Loss Prevention
- · Social media/internet commentary
- Family, friends, peers (approach with discretion)
- · Previous schools/employers
- · Person of interest
- · Others?

Data sources to consider should include information from multiple sources, such as:

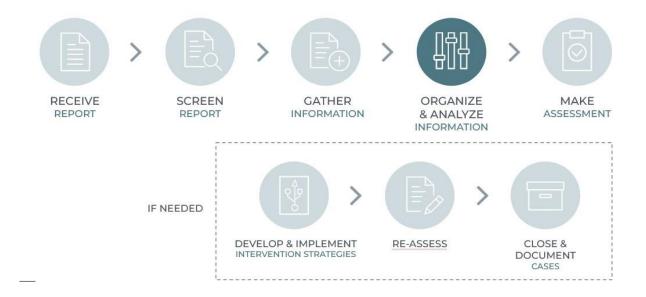
- Social media sites/Internet
- Local law enforcement
- After-school/weekend programs
- Community-level entities
- Person of concern
- Prior BTAM team contact(s)

- Recent (and historical) work or school performance history
- Disciplinary or personnel actions
- Law enforcement or security contacts at school and in the community
- Prior critical involvement with mental health or social services
- Presence of known problems, grievances, or losses
- Current or historical grievances that may be related to the behavior of concern
- Online searches: internet, social media, email, etc.
- Others?

It is important to recognize that violence is a dynamic process that stems from interaction between the person, their situation, and their setting. Teams should avoid reliance on single factors and instead utilize multiple collateral data sources. It is always best to try and go to the original source (first-hand knowledge) and also to verify the credibility of the source/reports. Teams must also anticipate and assess the impact of the investigative process on the person and his/her situation.

Step 4: Organize and Analyze Available Information

Threat assessment process



After gathering information from multiple sources, a BTAM team should organize

and analyze the information obtained by answering the following key investigative questions (also referred to as areas of investigation). The key investigative questions come primarily from the federal threat assessment model created by the U.S. Secret Service and are detailed in best-practice resources.^{6,7,8}

NOTE: BTAM teams can always ask and discuss other questions in addition to the Key Investigative Questions listed here and the Assessment Questions listed in the next subsection. But for consistency and to be in alignment with current best practice utilizing the NTAC model, BTAM teams should use the Key Investigative Questions and the Assessment Questions to guide decisions regarding risk.

Key Investigative Questions / Areas for Inquiry

The following are key investigative questions that the BTAM team should answer about the subject of concern and situation (also referred to as areas for inquiry and investigation) when they

meet to discuss all the data gathered. These questions are not intended to be asked to the Concerning Person (i.e., the person who is being assessed) directly, although variation in wording can allow for each of these areas to be further explored when having conversations with the subject of concern and others (see Appendix C for additional guidance regarding how to structure interview questions). After information is gathered, the BTAM team will review the totality of the information available, then discuss the key investigative questions below to organize and analyze the information obtained. The BTAM team will do this before proceeding to make an assessment (covered in the next subsection).

1. What first brought the Concerning Person to the team's attention? What are their motive(s) and goals?

⁶Fein, R., Vossekuil, B., Pollack, W., Borum, R., Modzeleski, W. & Reddy, M. (2002). <u>Threat Assessment in Schools: A Guide to Managing Threatening Situations and Creating Safe School Climates.</u> Washington, DC: U.S. Secret Service and U.S. Department of Education.

⁷ National Threat Assessment Center (2018). <u>Enhancing School Safety Using a Threat Assessment Model: An Operational Guide for Preventing Targeted School Violence</u>. Washington, DC: U.S. Secret Service, Department of Homeland Security.

⁸ Deisinger, G., Randazzo, M., O'Neill, D. & Savage, J. (2008). <u>The Handbook for Campus Threat Assessment & Management Teams</u>. Stoneham, MA: TSG Solutions Inc.

- What behaviors are causing concern for or about the Concerning Person?
- Does the situation or circumstance that led to these statements or actions still exist?
- What efforts have been made to resolve the problem and what has been the result?
- Does the Concerning Person feel that any part of the problem is resolved or see any alternatives?
- Has the Concerning Person previously come to someone's attention or raised concern in a way that suggested the Concerning Person needs intervention or supportive services?

2. Have there been any communications from the Concerning Person suggesting ideas or intent to engage in violence?

- Have there been concerning, unusual, threatening, or violent communications?
- What, if anything, has the Concerning Person communicated to someone else (targets,
 - friends, co-workers, others) or written in a diary, journal, email, social media, or website concerning his or her grievances, ideas and/or intentions?
- Do the communications provide insight about motives/grievances, ideation, planning, preparation, timing, targets, etc.?
- Has anyone been alerted or "warned away"?

3. Has the Concerning Person shown any <u>inappropriate</u> interest in, fascination, and/or identification with:

- Any incidents of mass or targeted violence (e.g., terrorism, rampage violence, school/workplace attacks, mass murderers, stalking, etc.)
- Previous perpetrators of targeted violence / mass violence
- Actions / behaviors of other perpetrators (e.g., weapons used, tactical gear used, specific components of a violent plan, writing a manifesto / keeping a journal of the planning)
- Identifying with the motives, grievances, and/or desperation of previous perpetrators
- Desire for fame or notoriety of previous perpetrators

Note: Having heightened interest in acts of violence does not necessarily indicate that the Concerning Person poses a threat or is otherwise in need of some assistance. Consider context, developmental age, and other factors that may contribute to perceived fascination or obsessive interest. However, if the Concerning Person shows some fascination or identification on any of these topics <u>and</u> has raised concern in other ways, such as by expressing an idea to do harm to others or self, recently obtaining a weapon, or showing helplessness or despair; the combination of these facts should increase the team's concern about the Concerning Person.

4. Has the Concerning Person engaged in attack-related behaviors (i.e., any behavior that moves an idea of harm forward toward actual harm)?

- Examples may include developing a detailed plan; researching prior acts of targeted violence; surveilling possible targets or locations for an attack; practicing with weapons; acquiring clothing to hide weapons; acquiring tactical gear or other preparatory materials; rehearsal of plan, etc.
- Development of a "legacy token" (term from FBI referencing a

communication created by the Concerning Person and delivered (or staged for discovery) in which subject:

- Claims credit for planning and acts, or
- Articulates motivations and reasoning so others may understand grievances suffered, or
- Perpetuates media coverage to enhance notoriety / infamy.
- Attack-related behaviors provide an indication of how far along the pathway the subject has progressed and may also help the team understand how quickly the subject is moving forward toward an attack i.e., how imminent a threat there may be.
- Any movement further down the pathway to violence may be a serious indication of potential violence.

5. Does the Concerning Person have (or are they developing) the capacity to carry out an act of targeted violence?

- How organized is the Concerning Person's thinking and behavior?
- Does the Concerning Person have the means (e.g., access to a weapon, tools, materials) to carry out an attack? Are they trying to get the means (e.g., weapons, tools, materials) to carry out an act of violence?
- Have they developed the capability (skill and will) to cause harm?

6. Is the Concerning Person experiencing hopelessness, desperation, and/or despair?

- Has the Concerning Person experienced a recent failure, loss and/or loss of status or a relationship?
- Is the Concerning Person having significant difficulty coping with a stressful event?
- Has the Concerning Person engaged in behavior that suggests

that he or she has considered ending their life?

Many persons who have engaged in significant acts of targeted violence have been despondent and/or suicidal prior to their attacks or at the time of their attacks, hoping to kill themselves or be killed by responding police. Note that most people who are feeling

hopeless, desperate, or even suicidal will not pose a threat of harm to others. However, these people are still in need of assistance and intervention and a suicide risk assessment may also need to be conducted by a school/qualified mental health professional

- Are there indications of <u>last resort behaviors</u> (Increasing desperation or distress that presses the Concerning Person into violence as a position of last resort)? (Meloy, et al, 2011)
- Desperation, despair, or action imperative
- Lack of perceived alternatives

7. Does the Concerning Person have a positive, trusting, sustained relationship with at least one responsible person?

- Does the Concerning Person have at least one friend, colleague, family member, or other person that he or she trusts and can rely upon for support, guidance or assistance?
- Is that trusted person someone that would work collaboratively with the team for the well-being of the Concerning Person?
- Is the Concerning Person emotionally connected to other people or becoming more socially isolated?
- Is there a deterioration of support, increased withdrawal from, or isolation by prior support systems?

Being able to involve someone that the Concerning Person already trusts may serve as a strong protective factor. This means that a responsible person may already be a good influence on the Concerning Person. If the team decides that the subject in question poses a threat of harm, the team can solicit the help of

this responsible person to assist in developing and implementing a management plan. The team should monitor the status of the relationship in case it should fall apart, and then become a potential risk factor for escalation.

8. Does the Concerning Person see violence as an acceptable, desirable – or the only – way to solve a problem?

- Does the Concerning Person have a major grievance or grudge? Against whom?
- Does the Concerning Person perceive any alternatives to violence to address their grievances?
- Does the setting around the Concerning Person (friends, family members, others) explicitly or implicitly support or endorse violence as a way of resolving problems or disputes?
- Has the Concerning Person been encouraged, challenged, or "dared" by others to engage in an act of violence?
- Has the Concerning Person expressed sentiments of finality or desperation to address grievances?

A "yes" to this question increases concern about the subject and should also lead the BTAM team to consider what options they may have for helping the subject begin to resolve their problems or improve their situation so that they no longer look toward violence as a solution.

9. Are the Concerning Person's version of events or "story" consistent with his or her actions?

Does information from collateral interviews and from the Concerning Person's own behavior confirm or dispute what the Concerning Person says is going on and how they are dealing with it? Is there corroboration across sources or are the Concerning Person's statements at odds with their actions?

10. Are other people concerned about the Concerning Person's potential for violence?

- Are those who know the Concerning Person concerned about any of the following:
 - For the Concerning Person's health/well-being (e.g., alcohol/drug use, mental health, suicidality, coping, loss)?
 - That the Concerning Person might act based on violent ideas, plans or preparations?
 - About a specific target?
- Are persons around the Concerning Person engaging in protective actions (e.g., distancing, avoiding, minimizing conflict, etc.).

The BTAM team should recognize that some people — such as parents, significant others, or anyone else who is very close with the Concerning Person — may not see the potential for violence even if others do. Those in close relationships with a person may be too close to the person/situation to admit violence is possible or even likely.

11. What circumstances might affect the likelihood that the Concerning Person will engage in violence – either increase it or decrease it?

- Are there precipitating events that may impact the situation currently and/or in the foreseeable future?
 - Are there improvements in the Concerning Person's situation or developments that are making the Concerning Person more hopeful for the future?
 - Are prior interventions escalating, de-escalating, or having no effect on movement toward violence?
 - What is the response of others who know about the Concerning Person's ideas or plans?
 - o Actively discourage the Concerning Person from acting violently
 - o Encourage the Concerning Person to engage in violence
 - o Deny the possibility of violence, and/or

o Passively collude with an attack, etc.

This question underscores the principle that violence risk is dynamic. By asking this question, the BTAM team can identify what factors in the person's life might change in the near- to mid-term, and whether those changes could make things better or worse for the Concerning Person. Answers to this question can also provide some ideas for steps that can be taken in the event a case management or intervention plan is needed to reduce risk.

Step 5: Make the Assessment

Threat assessment process



Having analyzed the available information by answering the key investigative questions listed in Step 4, the BTAM team can now move on to making their assessment. To do so, the BTAM team will answer the Assessment Questions listed later in this section.

When making an assessment, BTAM teams should focus on the totality of the information gathered during the inquiry and focus on behavior, communications, and situational factors in the person's life. BTAM teams should NOT focus on the Concerning Person's traits or characteristics, nor on how "similar" the Concerning

Person may appear to previous attackers. When making an assessment, BTAM teams should

- Focus on the facts of the specific case.
- Focus on the Concerning Person's behavior rather than the subject's traits.
- Focus on understanding the context of behavior.
- Examine progression of behavior over time.
- Corroborate critical information.

Answer the Assessment Questions

The assessment questions that follow are designed to provide the Team with a determination as to whether there is an actual threat or risk of violence posed.

1a) Does the Concerning Person pose a threat of violence to others? (Put another way, is the Concerning Person on a pathway to violence or is otherwise preparing for violence to others?)

- If "yes":
- Develop, implement, and monitor an intervention plan to get the Concerning Person of concern off a pathway to violence and onto a better path.
- Go to "Choose a Level of Concern" (below) then on to Step 6 to develop / implement an intervention or case management plan.
- Skip remaining questions.
 - If "no":
- Answer Question 1b below.

1b) Does the Concerning Person pose a threat of violence to self? (Put another way, is the Concerning Person on a pathway to potential self-harm?).

- If "ves"
- Follow the school's and/or community's protocols for conducting a suicide risk assessment
- If the team chooses to "Choose a Level of Concern" (below) then proceed to Step 6 to develop / implement an intervention or case management plan to reduce risk of self-harm following the suicide risk assessment (or include details of plan created from the suicide risk assessment)
- Skip remaining questions
 - If "no", answer Question 2 below.
- 2. If the Concerning Person does not pose a threat of violence to others or self at this time, does the Concerning Person show a need for some type of help or intervention, such as mental health care?
 - If "yes", Go to "Choose a Level of Concern" (below) then on to Step 6 to develop / implement a case management plan or plan to refer the Concerning Person to the appropriate department(s).
 - If "no", the team can opt to monitor the matter for a period of time, then close the case or may close the case (go to Step 8).

Choose a Level of Concern (optional)

Once the team has answered the Assessment Questions, it can assign a Level of Concern to categorize how concerned the team is about the matter. The Level of Concern is NOT predictive of future violence but guides how directive and intensive the management plan must be. It is an optional component of the BTAM process but one that can help teams quickly identify which cases require the most care and concern. Using Levels of Concern can also help those who may supervise a team to get a quick snapshot of what percentage of their cases are highly concerning versus lower-level concerns. Below is a sample list of levels of concern. Teams can also decide how many levels they want to use.

Extreme Concern

The team feels that the Concerning Person (i.e., the person they assessed) poses an immediate threat of violence to others and/or to themself. The team should call 911 and activate their emergency protocols to contain the

imminent threat as well as develop and implement a case management / intervention plan.

High Concern

The team feels that the Concerning Person (i.e., the person they assessed) poses a threat of violence to others and/or to themself, although it does not appear to be imminent. The team should develop and implement a case management / intervention plan with safety measures and supervision being highly directive

Moderate Concern

The team feels that the Concerning Person (i.e., the person they assessed) does NOT pose a threat of violence to others or to themselves; however, the team does feel that something needs to be done to provide assistance or support to the Concerning Person and/or to improve the situation so concerning behavior does not continue or repeat. The team should develop a case management and/or monitoring plan to provide this assistance and improve the situation.

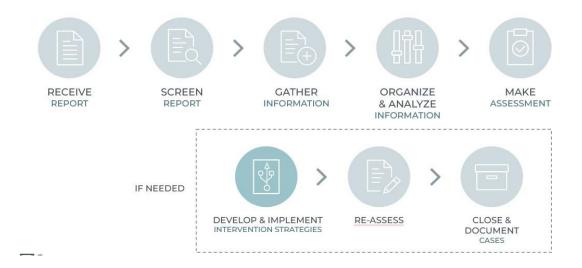
Low Concern / No Concern

The team feels that the Concerning Person (i.e., the person they assessed) does NOT pose a threat of violence to others or to themselves. The team also feels the Concerning Person does not need any assistance or support, nor does anything need to be done to improve

the situation. The team can close the matter or can opt to monitor the situation and check in at a later date before closing the case.

Step 6: Develop and Implement a Case Management / Intervention Plan

Threat assessment process



If the BTAM team's assessment is that the Concerning Person poses a threat of violence to others (or to self, or both), the BTAM team should develop a coordinated case management plan to intervene and get the Concerning Person away from violence and onto a better path. The plan should be based on the facts of the case in question, and provide an integrated, coordinated response to the situation to enhance the safety and well-being of the subject of concern, the community, and others involved in the situation.

Most Concerning Persons who come to the attention of threat assessment teams are persons who are at a crisis point and are looking for assistance. Many have distanced themselves from others or feel alienated from others. They typically respond positively to someone who will hear their concerns, who will not over-react to emotional venting, who will engage in problem-solving, and who demonstrates care for them and their situation. Therefore, an engagement model works well with the majority of cases, especially those involving internal threats. While this model often works well, there are some cases in which such direct engagement might inflame the situation. Therefore, each situation should be evaluated based on its own case facts in order to determine whether such direct follow-up would be appropriate.

BTAM teams should select intervention strategies with the greatest potential for addressing short-term crises as well as longer-term preventive power. While holding students and staff accountable for their actions, school administrators must be fair and reasonable in disciplinary responses. We recommend that BTAM teams work to use the least intrusive interventions that fit the needs of the case. It is important to keep in mind that not every case requires punishment, arrest or hospitalization. If the BTAM team determines punishment, arrest, or hospitalization is necessary for safety/management, the management strategy should include reintegration strategies and/or coordination with the community.

Interventions that create distance (e.g changes in assignments, suspension, expulsion, termination) can make further assessment, intervention and monitoring difficult and may escalate the threat. Teams first need to consider "alternatives to suspension." If suspension/expulsion cannot be avoided due to violation of codes of conduct and/or state laws, BTAM teams should be mindful that when they are used, the team should consider how to convey consequences in a way that conveys concern and ensures monitoring (i.e. "consequences with care"). A person who is suspended, expelled, or a staff member who has been terminated, may conclude: "I have lost everything. I have only a short time to act. I will give them what they deserve." In addition, a student who is suspended or expelled is often under less supervision than if he or she were to remain in a school setting.

While that is not reason to withhold appropriate and fair consequences for inappropriate behavior, BTAM teams must consider and plan for those potential responses and still conduct the following:

- Connecting the person to resources that help to move the person away from thoughts & plans of, and capacity for, violence and/or disruption
- Mitigate organizational/systemic factors
- Monitor the person when they are no longer connected to the organization.

Use separation strategies with careful consideration of intentionality, awareness of limitations, and potential outcomes (positive and/or negative) related to their consequences.

Although detaining a Concerning Person may be necessary in some situations,

without careful attention to the need for ongoing confinement, weapons removal, or interpersonal intervention, that action may be insufficient to prevent violence or otherwise protect a target. Similarly, referring a Concerning Person to the mental health system, without seeing that referral in the context of an overall monitoring/management plan, may not be sufficient to prevent violence. Singular interventions tend to not be sufficient to address complex and on-going situations.

Oftentimes family stressors are also revealed so consideration of family supports is often necessary to help mitigate risk.

When considering who will facilitate interventions, remember that personalities and chemistry matter and can impact the effect of the intervention. A given team member may be very skilled, but just not able to relate to certain Concerning Persons or targets. BTAM teams should work together for the best approach based on available resources, setting egos aside.

Subject-Based Case Management Strategies

Following are considerations for the case management plan with a Concerning Person (i.e., the subject of concern):

- Check-in / Checkout to maintain channel of communication & engagement
 - Build rapport and relationship
 - Decrease isolation
 - De-escalate volatile reactions
 - Provide feedback & mentoring
 - Monitor reactions to grievances, interventions and precipitating events
- Problem solving about legitimate grievances
- Parental / family involvement
- Referral for assistance or support services
 - Academic / work assistance
 - Accommodations
 - Alternative schooling / work
 - Social skills training
 - Social-Emotional Learning (SEL) resources
 - Behavioral contracting
 - Modifications of student classroom assignment or schedule

- Modification of work schedule or assignments
- Involvement in extracurricular activities
- Performance improvement plans
- Peer coaching/mentoring
- Counseling/mental health services
 - Check-in/check-out with counseling/support staff
 - Site-based mental health supports
 - Outpatient counseling/mental health care
 - Emergency psychiatric evaluation
- Disciplinary measures
 - Administrative orders for no contact or communication
 - Family/support involvement
 - In school detention /after-school detention
 - In school / out of school suspension
 - Termination/expulsion
- Criminal Justice Services
- Law enforcement / juvenile justice involvement
- Court issued protective orders
- Diversion programs

Utilize key relationships to engage with subject, target & witnesses

Engagement (communication, interaction, and empathy) can help build key relationships with Concerning Person, targets and witnesses and can foster more effective:

- Information gathering and assessment
- Redirecting from violence / targets
- Problem solving / support
- Setting of boundaries / limitations
- Admonishment / confrontation
- Intervention / referral

- Monitoring
- Deterrence
- Safety planning

Consider the goals for the engagement and use that to inform the best approach, by whom, when and where to engage.

Involving Someone the Concerning Person/Target Trusts

A key to establishing an effective working relationship with the Concerning Person (as well as targets and witnesses) is to identify a responsible person they already trust. One key step to defusing a potentially violent situation involving someone with a grievance is to allow them to feel "heard" and validated. This can go a long way toward moving the Concerning Person away from thoughts and plans of violence.

Examples of a trusted ally include:

- BTAM Team member
- Teacher
- Academic advisor
- School counselor, school psychologist, school social worker
- School nurse
- Parent / family member
- SRO / Law enforcement officer
- Co-worker
- Labor union personnel
- Human Resources personnel
- Coach

- Outside counselor
- Pastor
- Other

If the BTAM team cannot find someone that the Concerning Person already trusts, they can use someone in the community who relates well with most people. In looking for someone to serve in this role, choose someone that most people get along with – the personality selection may matter more than that person's job or role in the community or school.

Target-Based Case Management Strategies

Where targets are identified or identifiable, consider ways to help them reduce their vulnerability to harm where possible. Consider things the target can do (or be coached or supported in) that increase their safety. Examples include:

- Establish/maintain/develop a relationship with all potential targets. Explain to them the importance of working with the threat assessment team to reduce risk.
- Setting clear limits and boundaries with Concerning Persons and all potential targets regarding communications and contacts
- Monitor communications for changes / escalations by the Concerning Person
- Avoid contact with or response to the Concerning Person don't reinforce the Concerning Person's attempts to get a response
- · Document all contacts from/with subject
- Maintain a log of contacts/communications from the Concerning Person noting date/time/means of contact, nature of contact, witnesses, and impact on the target (including any protective actions they have taken)
- Minimize reactivity to subject actions
- Minimize emotionally reactive responses that can satisfy, inflame, or enrage the Concerning Person
- Minimize publicly available information especially with social media and phone (e.g., turn off location services within certain apps, turn off the "geotagging" feature which tells individuals where a person is when they

take and post photos)

- Maintain/enhance situational awareness
- Vary routine Be careful about consistent habits
- Develop contingency plans for escape, shelter, defense
- Utilize support systems being/feeling like a target can be stressful. Use support systems/counseling and buddy systems.

Organizational Strategies for Reducing Target Vulnerability

Consider things the school/organization can do that may increase target safety. Examples include:

- Engagement / liaison with Target have a team member assigned as a point of contact for support and assistance
- Change work hours
- Change classroom location / locker location
- Change/enhance security in work location
- Notice to co-workers Coworkers can help monitor if Concerning Person is present or posing a threat to target
- Security staffing
- Safety escorts
- Gun Violence Restraining Orders⁹
- Increase target awareness to ensure they accurately understand the level of potential danger - provide feedback about concerns to help them understand risks to them and others.
- Fear management -Sometimes victims are so debilitated by fear, they feel helpless and unable to take steps to help themselves - they need

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⁹ For more information: https://www.courts.ca.gov/33679.htm?rdeLocaleAttr=en

support, encouragement, and intervention.

EAP / Counseling referrals, if staff involved

Systemic Case Management Strategies

Cases often help BTAM teams identify environmental or systemic problems that cause or adversely impact situations. As part of building a safe community, case management and intervention can also include necessary changes to a situation or the environment.

For example, a person may react inappropriately to poorly developed, burdensome, and/or inconsistently enforced procedures or policies. The person's behavior must be addressed – but, if the procedure or policy tends to provoke discord because it is objectively unfair or unreasonable, that procedure or policy should be reviewed and potentially revised.

The BTAM team may have discovered a delay in reporting concerns, which was brought about by witnesses not knowing where or how to report concerns, indicating the need for additional awareness or training.

Sometimes situations escalate due to poor conflict management, lack of skills, and/or barriers to communication. Thus, BTAM teams may need to help leadership in the organization to:

- Address systemic, policy, or procedural problems
- Address reporting gaps/delays
- Intervene with individuals that support violent behavior
- Enhance conflict management skills (e.g., de-escalation training for staff)
- Increase supervision & supervisory accountability
- Enhance positive organizational climate and culture
 - Emphasize fairness & respect
 - Ensure effective communication
 - Reward and support positive behaviors
 - Prevention & early intervention with inappropriate behaviors
 - Build engagement for mutual safety & well-being

Ensure fair and appropriate accountability

Workplace/School Climate

Threat assessment is only one component of an overall strategy to reduce targeted violence and can be implemented within the larger context of strategies to ensure communities are safe and secure environments. The principal objective of violence-reduction strategies should be to create cultures and climates of safety, respect, and emotional support within the community. Several strategies to support and enhance a positive school climate include:

- Effective communication among and between authorities and sand community stakeholders will increase trust
- Programs that promote acceptance, empathy, and the teach conflict resolution skills
- Strong, but caring, stance against the code of silence
- Bullying/harassment prevention and intervention
- School-law enforcement partnerships including well-trained school resource officers
- Collaborative relationships with mental health, social services, and other community-based resources
- Planning and preparation to deal with, respond to, and recover from potential crises
- Physical security measures utilizing crime prevention through environmental design

Manage/Monitor Precipitating Events

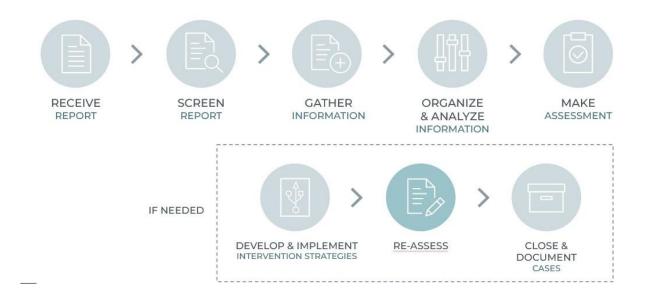
As the case moves forward, other circumstances in the lives of the Concerning Person, targets, and others (including the BTAM) may impact the case. Not all of these can be anticipated. However, when the team identifies potential precipitating events, they should build a plan to prevent or lessen their impact (when possible) or to at least monitor for their impact. Examples include:

 Identify and prevent/minimize potential events that may become a trigger to violence where possible (i.e., individual and systemic challenges)

- Consider impact of timing and location of interventions
- Monitor & plan for loss / injustice
- Monitor & plan for key dates / events in the process of case management
 - Anniversaries
 - Hearings
 - Court dates
- Service of notice about outcomes
- Monitor for reactions to administrative/court actions
- Monitor reactions to case management/interventions

Step 7: Re-Assess (Case Monitoring)

Threat assessment process



BTAM teams should continue to monitor the Concerning Person and situation until the level of concern reaches a safe and acceptable level. For most situations, this will only be weeks and/or a few months. For situations of significant concern, reassessing may need to continue until the Concerning Person leaves the school or organization or moves away from the area. In those situations, the case may also need to be transferred to another threat assessment team (or the BTAM team can alert local law enforcement) if the Concerning Person leaves the school, organization, or area, but still poses a threat of violence.

BTAM teams should ask:

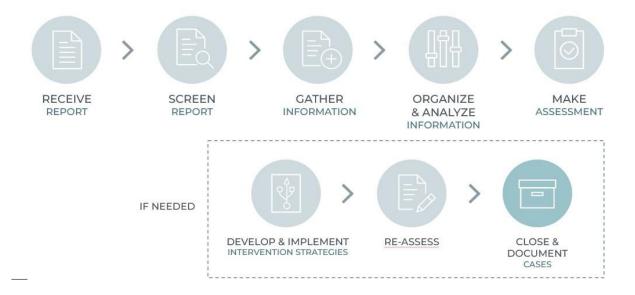
- 1. Is the management plan having the intended effect?
- 2. Are there any new problems/concerns the plan needs to address?

Re-assessing the person of concern should always include answering the assessment questions again.

If there are still concerns, a BTAM team needs to consider changing the case management plan, setting new goals, and/or setting more frequent Team meetings to re-assess and monitor progress. In some cases, reassessment may be necessary more frequently due to the concerns of the team. As a result, case reassessment dates should be based on the individual case and not on the team meeting dates. The team will continue to monitor, adjust plan, and re-assess as needed until there is no longer a concern of harm to self and/or others, and the individual is on a better pathway.

Step 8: Document and Close the Case

Threat assessment process



When the team's assessment is that the level of concern of the situation reaches a safe and acceptable level the team can close the case or place it on in-active status. The team should be sure to document the case, including scheduling any future dates to check-in or follow-up, if needed. The documentation should be stored in a confidential file, with only authorized personnel having access. If the Concerning Person changes schools or locations, the BTAM team needs to consider, on a caseby-case basis, if information regarding the threat assessment(s) needs to be shared with the Concerning Person's new school, or safety personnel in the new location, ensuring all FERPA, HIPAA, and other confidentiality guidelines and exceptions to confidentiality are followed. BTAM teams should consult with legal counsel to determine whether and how to share information. Safety of all concerned is the primary consideration when determining if sharing information is appropriate. It is important to note when new information becomes available or if the situation changes, the BTAM team may need to re-engage or reopen the investigation. When closing and documenting the case, utilize language "based on the information we have at this time".

LEGAL ISSUES RELATED TO INFORMATION SHARING AND RECORD KEEPING

A broad range of legal issues can impact BTAM cases, including but not limited to:

- Constitutional protections on free speech, due process, search & seizure
- Civil rights concerns related to race, ethnicity, gender, disability, etc.
- State specific laws related to employment, privacy, record keeping, reporting/notification
- Privacy protections, to include FERPA (Family Educational Rights Privacy Act) and HIPAA
 - (Health Insurance Portability and Accountability Act), etc. that protect student/client information.
- Other confidentiality restrictions such as Advocacy, Protective Services, Law Enforcement, etc.
- Disability regulations
- Employment standards, contracts, collective bargaining, policies
- Standards of care and negligence impacting tort liability

None of these interfere with a BTAM team being able to deal with threats impacting the school, workplace, or community; however, some can be complex, and the guidance of legal counsel is strongly suggested.

Often, <u>misunderstanding</u> of the laws DOES impact willingness to report or respond effectively to concerns. Staff may not know when they can and cannot share information about a Concerning Person with the BTAM team. Thus, team members should have a working knowledge of foundational issues, exceptions to confidentiality, and access to legal counsel (with training and experience in the relevant bodies of law) to provide guidance.

FERPA (Family Education Rights & Privacy Act) - Educational Records

The Family Education Rights and Privacy Act (FERPA) protects the privacy of students' education records — but it also can lead to confusion about whether information about a student can be shared for the purposes of conducting a threat assessment.

For California specific guidance regarding reporting any threat or perceived threat, see additional information in California SB 906, Section 49393 of the California Education Code.

The U.S. Department of Education, the entity that enforces FERPA, has published guidance on sharing information in threat assessment matters.¹⁰ The key points are as follows:

- FERPA does not impede the work of a threat assessment team when handling any cases of threats or concern about potential violence or self-harm. However, <u>misunderstanding</u> of FERPA CAN impede threat management efforts.
- FERPA protects the privacy of information in a student's educational records. It prohibits the inappropriate disclosure of student educational information beyond those who have a legitimate educational interest, i.e., a need to know.
- FERPA pertains only to the privacy of records; it does not extend to communications, observations, and other forms of information that team members may need to share. This means that team members are free to ask
 and faculty and staff are free to share
 - their observations about a student, verbal communications with that student, social media observations, and anything else not written down in educational records.
- FERPA allows sharing of information (within the school) with school officials having a legitimate educational interest. Information from an educational record can be shared with other school staff, who have a need to know to ensure safety and security. Certainly, a threat assessment team has a need to know! Schools must define who they consider to be a school official in their FERPA statement and should identify BTAM Team members as such

 $\frac{https://studentprivacv.ed.gov/faq/does-ferpa-permit-sharing-education-records-outside-law-enforcement-officials-mental-health}{}$

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¹⁰ U.S. Department of Education (2021). *Does FERPA permit the sharing of education records with outside law enforcement officials, mental health officials, and other experts in the community who serve on a school's threat assessment team?* Washington, D.C.: Author. Available at:

school officials.

- FERPA also includes exceptions that allow information sharing in the case of emergency situations and/or situations where public safety is a concern. Guidance issued by the U.S. Department of Education (which enforces FERPA) following the mass casualty incident at Virginia Tech has made clear that it is up to individual schools to decide whether there is an emergency or public safety concern. The team should articulate and document the nature of the emergency and/or threat to public safety, what information was shared, and how sharing of that information helped to address the safety concern.
- FERPA does not pertain to school law enforcement unit records (i.e., records created and maintained by & primarily for a law enforcement purpose). Records created and maintained under the umbrella of the institution's school resource officer or other designated law enforcement entity would not be educational records, <u>unless shared with school officials</u>.
 - FERPA allows for sharing of education records (and information from those records) when a student applies for enrollment or transfer. This allows for sharing of BTAM information between schools or schools/colleges, where there is an articulable need to know.
 - The US Supreme Court has ruled that FERPA does not permit a private right of action, meaning that individuals cannot be sued for violations of FERPA. The law provides that federal funding <u>could be withheld</u>, or fines could be assessed in cases where a pattern or practice of violations is present (as opposed to isolated violations, which are not individually sanctionable). To date, there have been no instances where an institution has received such sanctions for violating FERPA regarding the sharing of information pertaining to school safety. Rather, it is more likely that an institution would receive a corrective notice, and additional training from the U.S. Department of Education if it were found to have shared information in violation of FERPA.

For more information, see www.ed.gov and search for FERPA or the Family Policy Compliance Office, which oversees FERPA. You can contact that office directly with questions. School mental health professionals (school psychologists, school counselors, school counselors) are typically covered under FERPA, particularly if their license to practice in schools is awarded by a state department of education or state

department of public instruction. However, some may also be licensed or dually licensed by a state mental health licensing board. Thus, school mental health professionals need to check with their licensing boards, school district legal counsel and the California Department of Education for guidance if they are to be following FERPA and/or HIPAA privacy guidelines when serving on a school/district threat assessment team.

Exercise about FERPA:

Consider the following to test your understanding of FERPA:

A teacher approaches you (member of the BTAM team) very concerned about an interaction they just had with a student after a class. During that conversation the student engaged in behaviors and made statements that led the teacher to believe that the student was a serious threat to the safety of themselves and others at school.

Based on the information shared, you concur there appears to be a significant threat.

When you ask the name of the student, the teacher becomes very cautious and says they are not sure if they can provide that information, that they don't want to violate privacy law and be sued by the student's family.

What misunderstandings, if any, are evident?

Answer:

 The teacher's conversation with the student is not covered by FERPA as it is not an educational record. However, if the teacher wrote up an incident report that contained information that identified the student (or would reasonably identify them) then THAT report would likely be an educational record and subject to FERPA protections.

- 2. As a member of the BTAM team, you are a school official with a legitimate educational interest. The teacher can share any educational record with you that is pertinent to your duties.
- 3. The teacher articulated a public safety concern (and you concurred). This gives an articulable basis for sharing of information, including, if needed, to share information outside the school with those that can help prevent harm (e.g.., parents, law enforcement, mental health). Note that, per FERPA, for such disclosures the school must document the disclosure, to whom it was made, and for what purposes.
- 4. There is no private right to action under FERPA. Neither you nor the teacher can be sued for an individual FERPA violation, EVEN IF, you had made a mistake.

Health Insurance Portability and Accountability Act (HIPAA) – Medical & Mental Health Records

When it comes to accessing information that a health provider or mental health provider outside of the school settings may have about a subject, that information is generally more difficult to access than information protected by FERPA. Federal (e.g HIPAA) and state laws, protect information shared between a doctor/therapist and patient, and limit information that can be lawfully shared with others. Keeping that information confidential helps patients trust their medical/mental health provider and disclose additional information to facilitate more effective treatment. We don't want to unduly compromise the safety that confidentiality provides. But serious safety concerns always supersede privacy concerns.

For school health professionals, HIPAA likely does not apply, as the records of school health services are more likely covered under FERPA, unless they involve treatment records. However, state medical records privacy laws likely impact what licensed health care providers in schools can share. The state privacy laws are generally consistent with HIPAA.

Again, consult with your legal counsel – but here is what our legal experts tell us about HIPAA and state confidentiality laws:

- HIPAA protects the confidentiality of information in health records. In addition, state laws also protect the confidentiality of mental health information and discussions between a patient and a mental health professional.
- HIPAA and state laws generally include exceptions where information can be shared in situations where a patient is a threat to themselves or others. In such situations where a mental health professional is aware that his/her patient has threatened harm to themselves or to someone else, the mental health professional may have a duty to warn someone or to do something to protect the victim in question.
- Under HIPAA and state laws, confidentiality is held by the client or patient, not the mental health professional. The threat assessment team can always ask the person in question for their permission to access their mental health records and talk with their mental health professional. If approached with sincerity for their well-being and assurance that the team can best help the person in question with full information, it is quite likely that the person will consent. The team will need to get the person's permission in writing (e.g., signed Release of Information).
- While HIPAA and state laws may prevent a mental health professional from disclosing information to the threat assessment team, it does <u>not</u> prohibit mental health professionals from <u>receiving information</u> about a patient. The BTAM team can provide the information it knows to an individual's therapist or counselor. In many cases, a treating mental health professional may only have partial information about a patient/client. Receiving information from the team about a particular individual may enhance the treatment that the mental health professional is able to provide.
- If the team provides information to a mental health professional, it can then ask the mental health professional whether the new information received from the team elevates their concern about the patient to the point where they now have a duty to warn or a duty to protect. If so, the mental health professional may be able to share information with the team.
- Finally, access to mental health information can be helpful in threat assessment cases, but it may not provide more detail than the team is able to access through others who know or have observed the person in question. It is more important to consider incorporating any treating mental health professional into an individual case management plan.

Record Keeping

BTAM teams should document their behavioral threat assessment & management efforts through some form of documentation. It is recommended that this document is secured with only those with a LEGITIMATE NEED having access. Above all, BTAM teams should seek guidance from legal counsel to ensure that the team's efforts to document their cases meet the legal guidance provided to them. By maintaining records and preserving evidence throughout the behavioral threat assessment and management process, the team establishes a legal and behavioral justification for intervention. Teams are encouraged to retain records of threat assessment and management cases as long as allowed under relevant laws or regulations regarding retention of such records. Individuals may pose an ongoing threat after leaving school, graduating, or losing employment.

SUMMARY

Although no tool is foolproof, behavioral threat assessment and management (BTAM) procedures are recognized as the best available tool to address threatening behavior and enhance community safety. This guide was created to serve as a resource – regarding behavioral threat assessment and management (BTAM) -- for participants who have attended Bay Area UASI's Behavioral Threat Assessment & Management Training. Following training in community BTAM procedures, participants can refer back to this guide for ongoing support in their efforts to use the NTAC model of threat assessment to enhance the safety and wellbeing of community members, students and others who engage in threatening and other troubling behavior. We encourage users to pursue training opportunities on a regular basis (e.g. annually) and to consult with BTAM experts when needed for assistance on complex cases.

Appendices

APPENDIX A: THE NATURE AND PROCESS OF TARGETED VIOLENCE

Research on Targeted Violence in Schools^{11, 12}

Following the mass casualty incident at Columbine High School in April 1999, the US Secret Service and US Department of Education partnered to conduct research on mass shootings in schools in the US.

Because the study was prompted by the Columbine incident, and for purposes of research rigor, the <u>study focused on mass shootings in which the perpetrator was a student or former student</u>. This led some readers to (inaccurately) conclude that all school shooters were students. This was not the case then, nor is it now.

While students (or former students) are likely to represent the largest group of perpetrators, mass casualty incidents are also conducted by teachers, staff, administrators, and parents.

Additionally, some perpetrators are not directly affiliated with the schools where violence occurs but may be (or have been) in relationships with teachers, staff or students – i.e., domestic/dating violence that occurs within the school or during a school activity. Some are contractors or vendors or visitors that are provided access to schools or workplaces, without knowledge of their predatory interests or intent.

And finally, a small set of perpetrators have no relationship to the school at all. The school is chosen because it is accessible to the perpetrator, provides victims relevant to the goals of the perpetrator, or holds some particular meaning or significance to the perpetrator.

A similar replication study was published in 2019 by the National Threat Assessment Center (NTAC). NTAC studied 41 attacks against K-12 schools in the US from 2008-2017. The findings were very consistent with the 2002 findings. The findings are summarized below.

¹¹ These findings come from Vossekuil, B., Fein, R., Reddy, M., Borum, R. & Modzeleski, W. (2002). The Final Report and Findings of the Safe School Initiative. Washington, DC.

¹² Protecting America's Schools. A U.S. Secret Service Analysis of Targeted School Violence (2019). Washington, D.C.

Findings of the Safe School Initiative:

Acts of targeted violence are rarely impulsive.

These attackers typically don't "just snap." Even though the media has often described these attacks as occurring "out of the blue," in reality, they do not. Instead, the subjects think about and plan their violent acts in advance – sometimes a few days in advance, sometimes over a year in advance.

The attacks appeared to be the end result of a comprehensible process of thinking and behavior: behavior that typically began with an idea, progressed to the development of a plan, moved on to securing the means to carry out the plan and culminated in an attack. This is a process that potentially may be knowable or discernible from the attacker's behaviors and communications.

Prior to the attacks, others usually knew aspects of subject's grievances, ideas, plans or preparations.

In most cases (75%+), other people knew about the attack before it took place. In one incident, for example, the attacker had planned to shoot students in the lobby of his school prior to the beginning of the school day. He told two friends exactly what he had planned and asked three others to meet him that morning in the mezzanine overlooking the lobby, ostensibly so that these students would be out of harm's way. On most mornings, usually only a few students would congregate on the mezzanine before the school day began. However, by the time the attacker arrived at school on the morning of the attack, word about what was going to happen had spread to such an extent that 24 students were on the mezzanine waiting for the attack to begin. One student who knew the attack was to occur brought a camera so that he could take pictures of the event.

This finding suggests that students <u>and other peers</u> can be an important part of prevention efforts. A friend or schoolmate may be the first person to hear that a subject is thinking about or planning to harm someone. Nevertheless, for a variety of reasons, those who have information about a potential incident of targeted school violence may not alert an adult on their own. Schools must encourage students/staff to report this information in part by

identifying and breaking down barriers in the school environment that inadvertently may discourage witnesses from coming forward with this information. Schools also may benefit from ensuring they have a fair, thoughtful and effective system to respond to whatever information witnesses do bring forward. If students have concerns that adults will react negatively to information they bring forward, they may be even less inclined to volunteer such information.

The 2019 study also found that most of the attackers had multiple motives, the most common being a grievance with a classmate(s), followed by school staff, romantic relationship, and/or personal issues. In addition, <u>all</u> experienced social stressors involving relationships w/ peers or romantic partners.

Most subjects did not threaten the targets directly.

The majority of the attackers in the targeted school violence incidents examined under the Safe School Initiative did <u>not</u> communicate threats to their target(s) beforehand - whether direct ("I will kill YOU"), indirect ("You won't want to be here next Tuesday"; said to a third party), or conditional ("If you don't give me a decent performance evaluation, I will___") language prior to the attack. This finding underscores the importance of not waiting for a direct threat before beginning an inquiry. Other alarming or troubling behavior can prompt a school threat assessment team to gather more information and make an assessment, even if the subject of concern does not threaten a target directly.

There is no accurate or useful profile of a "school shooter".

There is no useful set of traits that describes all—or even most—of the attackers. Instead, the demographic, personality, school history, and social characteristics of the attackers varied substantially. Knowing that a particular subject shares characteristics, behaviors, features or traits with prior school shooters does not help in determining whether that subject is thinking about or planning for a violent act. The use of profiles in this way is not an effective approach to identifying subjects who may pose a risk for targeted school violence at school or for assessing the risk that a particular subject may pose for a school-based attack, once a particular subject has been identified.

Reliance on profiles to predict future school attacks carries two substantial risks: (1) the great majority of subjects who fit any given profile of a "school shooter" will not actually pose a risk of targeted violence; and (2) using profiles will fail to identify some subjects who in fact pose a risk of violence but share few, if any, characteristics with prior attackers.

Rather than trying to determine the "type" of subject who may engage in targeted violence, an inquiry should focus instead on a subject's behaviors and communications to determine if that subject appears to be planning or preparing for an attack and, if so, how fast the subject is moving toward attack, and where intervention may be possible.

Most subjects had seriously concerned others prior to their act of violence.

Nearly all of the subjects engaged in behaviors--prior to their attacks—that caused concern or alarm to at least one person, usually an adult, and most concerned or alarmed at least three people. In most of the cases, at least one adult was concerned by the attacker's behavior (88 percent, n=36). In three-quarters of the cases, at least three people—adults and other children—were concerned by the attacker's behavior (76 percent, n=31).

Almost all of the attackers engaged in some behavior prior to the attack that caused others—school officials, parents, teachers, police, fellow students—to be concerned (93 percent, n=38). The behaviors that led other individuals to be concerned about the attacker included both behaviors specifically related to the attack, such as efforts to get a gun, as well as other disturbing behaviors not related to the subsequent attack. The 2019 study confirmed similar findings in that <u>all</u> the perpetrators studied exhibited concerning behaviors observable to others with most having communicated intent.

Most subjects had significant difficulties with losses or failures. Most were suicidal.

Most attackers appeared to have difficulty coping with losses, personal failures or other difficult circumstances. Almost all the attackers had experienced or perceived some major loss prior to the attack. These losses

included a perceived failure or loss of status; loss of a loved one or of a significant relationship, including a romantic relationship; and a major illness experienced by the attacker or someone significant to him. Although most attackers had not received a formal mental health evaluation or diagnosis, most attackers exhibited a history of suicide attempts or suicidal thoughts at some point prior to their attack (78%). When we talk about case management, there are a lot of things we can do to help someone who is having difficulty coping with losses or failures — or who is desperate or even suicidal. The 2019 study also found that most of the perpetrators experienced psychological, behavioral, or developmental symptoms that contributed to accumulative stressors, and nearly all were experiencing negative home life factors. Thus, it is important to look at all three areas when assessing for risk.

Many subjects felt bullied, persecuted or injured by others prior to their act of violence.

In the 2002 study, almost three-quarters of the attackers felt persecuted, bullied, threatened, attacked or injured by others prior to the incident, and in the 2019 study, most of the perpetrators were victims of bullying often observed by others. In a number of the cases studied, attackers described being bullied in terms that suggested that these experiences approached torment. These attackers told of behaviors that, if they occurred in the workplace, likely would meet legal definitions of harassment and/or assault.

While bullying was not a factor in every case, and clearly not every child who is bullied in school will pose a risk for targeted violence in school, bullying dynamics are a strong contributing factor to interpersonal and targeted violence. Educators can play an important role in ensuring that students (and others) are not bullied in schools and empower other students to let adults in the school know if students are being bullied.

Most subjects had access to weapons, and had used weapons, prior to the attack.

Experience using weapons and access to them was common for many attackers. Nearly two-thirds of the attackers had a known history of weapons use, including knives, guns and bombs (63 percent, n=26). Over half of the attackers had some experience specifically with a gun prior to the incident (59 percent, n=24), while others had experience with bombs or explosives (15 percent, n=6).

Access to weapons among some subjects is common and the 2019 study found guns to be the most used weapon of choice with most weapons being acquired in the home. When the idea of an attack exists, any effort to acquire, prepare or use a weapon or ammunition may be a significant move in the attacker's progression from idea to action. Any inquiry should include investigation of and attention to weapon access and use and communications about weapons. Attention should also be given to any efforts by a subject to build a bomb or acquire bomb-making components. The large proportion of attackers who acquired their guns from home points to the need for schools and law enforcement officials to collaborate on policies and procedures for responding when a student is thought to have a firearm in school.

Schools should be aware of the provisions of the Federal Gun-Free Schools Act, which requires that all schools expel students who bring a gun to school and should report all violations to local law enforcement officials.

In many cases, other students were involved in some capacity.

Although most attackers carried out their attacks on their own, many attackers were influenced or encouraged by others to engage in the attacks. In the 2002 study, nearly half of the attackers were influenced by other individuals in deciding to mount an attack, dared or encouraged by others to attack, or both (44 percent; n=18). Any investigation of potential targeted school violence should include attention to the role that a student's friends or peers may be playing in that student's thinking about and preparations for an attack. It is possible that feedback from friends or others may help to move a student from an unformed thought about attacking to developing and advancing a plan to carry out the attack.

Despite prompt law enforcement response, most incidents were brief in duration, and were stopped by means other than law enforcement intervention.

Even though law enforcement responded very quickly to these shootings once notified, most school-based attacks were stopped through intervention by school administrators, educators and students-or by the attacker stopping on their own. This appears in large part to be a function of how brief most of these incidents were in duration. The short duration of most incidents of targeted school violence argues for the importance of developing preventive measures in addition to any emergency planning for a school or school district. The preventive measures should include protocols and procedures for responding to and managing threats and other behaviors of concern.

APPENDIX B: PRINCIPLES OF THREAT ASSESSMENT

The following principles guide threat assessment and management in K-12 schools and districts.¹³

Principle 1: Does the Subject Pose a Threat?

The central question of a threat assessment is whether the subject <u>poses</u> a threat, NOT whether they made a threat. A threat assessment team should take all potential threatening behaviors seriously, not just those that have been verbalized or expressed in some other way. Similarly, just because a person has expressed intent to do harm does not necessarily mean that they pose a legitimate threat.

Principle 2: Targeted Violence Can Often Be Prevented

Targeted violence in schools is typically the end result of a logical and potentially detectable progression of behavior. Attackers typically come up with an idea to do harm, develop a plan, acquire the means to do harm (e.g., get access to weapons), and then carry out the attack. A threat assessment team can look for information that may indicate that a person is on such a trajectory toward violence, and if so, the team then determines where it might be able to intervene to prevent harm.

<u>Principle 3: Targeted Violence is a Function of Several Factors</u>

Threat assessment should examine facts about the individual, the context of behavior, the environment in which the individual lives, the individual's current situation, factors that may precipitate violence or other negative behavior, and ways to make a target less accessible or vulnerable.

Principle 4: Corroboration is Critical

¹³ Fein, R., Vossekuil, B., Pollack, W., Borum, Modzeleski, W. & Reddy, M. (2002). *Threat Assessment in Schools: A Guide to Managing Threatening Situations and Creating Safe School Climates*. Washington, DC: U.S. Secret Service and U.S. Department of Education.

Being skeptical about information received and corroborating information through multiple sources are critical to successful threat assessment and management. This means that it is important to check facts where possible.

Principle 5: Threat Assessment is about Behavior, not Profiles

There is no single "type" of person who perpetrates targeted violence in schools. Instead, threat assessment is evidence-based, focusing on the specific behaviors a person has exhibited and determining whether the person poses a threat (or is at risk) based upon those behaviors.

Principle 6: Cooperating Systems are Critical Resources

Communication, collaboration, and coordination among various departments and agencies are critical throughout the process of threat assessment and management. Using different systems throughout campus as well as outside resources provides more eyes and ears on the process of both assessing and managing a potentially violent situation.

APPENDIX C: ADDITIONAL CONSIDERATIONS FOR BTAM TEAMS

Essential Elements of an Effective BTAM Process

Research and practice have shown that, to establish and sustain an effective behavioral threat assessment and management process, organizations must have a <u>systematic</u> process that:

- Utilizes an effective & relevant multi-disciplinary approach that enhances the team's ability to:
 - Understand the nature and process of targeted violence (see Appendix A)
 - Increase awareness of developing concerns/threats
 - Maximize skills and resources to address concerns
 - Enhance:
 - Communication (to, from & within the team)
 - Collaboration (working together for the best awareness and outcomes)
 - Coordination (engaging in planful and coordinate actions and interventions, within team and with outside partners)
 - Monitoring of progress and outcomes
- Is capable of addressing all identified threats, including those posed by
 - Students: Current, former & prospective
 - Employees: Current, former & prospective
 - Indirectly Affiliated: Relational partners, family members, parents, contractors/vendors
 - No known Affiliation: Other community members
- Enables centralized awareness of developing concerns through active outreach programs & consultations. Facilitates a thorough & contextual assessment utilizing proactive & integrated case management (e.g., STEP model)
- Monitors & re-assesses cases on a longitudinal basis
- Conducts all practices in accordance with relevant laws, policies, and standards of practice

Adapts to challenges & changing needs.

Key Considerations in the Inquiry & Assessment Process

As a BTAM team runs a threat assessment inquiry, it should keep a few points in mind. First, it is important to remember that violence is a dynamic process – meaning that as different factors change, so too may the threat that a subject poses – or does not pose. The team is <u>not</u> trying to predict/determine whether this subject is a "violent person." Instead, the team is trying to determine under:

- what circumstances this subject might become violent or might resort to violence
- the impact of the situation upon others (even when a subject poses no identifiable threat)
- what environmental/system factors may be contributing to the situation
- whether there are any precipitating events on the foreseeable horizon and/or if there are any stressors contributing to risk
- are there any resiliency and support that can help to mitigate risk?

The team should also seek out, and factor in, information from multiple sources in its assessment, rather than relying on just one piece of information or perspective. The team should consider whether a source has direct and first-hand knowledge, their credibility, and the consistency of that source information with that of other sources.

Effective teams regularly monitor for, assess and work to minimize the negative impact of bias in decision-making.

And finally, the team should consider:

- when/whether to talk with the subject of concern as part of the inquiry
- who is best to have that conversation?
- when the subject of concern is from within the school (e.g., staff or student) it is recommended that someone from the BTAM team attempt to engage with and talk with the subject of concern. The team should think carefully about the best people to talk with the subject, as asking for the subject's side of the story can help diffuse hostility and start to

build a rapport that will help make intervention possible.

Generally, it is best to have the subject learn from the team that people are concerned about their behavior. This allows them to have a chance to explain their behavior or contributing circumstances, rather than having that subject hear through the grapevine that they are being "investigated" by the threat assessment team.

Conducting Interviews / Conversations

When running a threat assessment we recommend gathering information through "conversations" rather than "interviews." These conversations are typically not done in custodial situations (such as you would find in a criminal investigation) and rather are intended to be a way to initiate a working relationship with the subject being assessed. This is true for others – associates-supervisors, co-workers, neighbors, school administrators, that a threat assessment team may want to talk with regarding their relationship with and/or observations of the person whom the team is assessing. Prior to having these conversations, we recommend that the team discuss which team member is best suited or best positioned to be the one to have that conversation. With respect to whom a team may want to approach, we recommend that initial conversations involve the following:

- Person(s) reporting threat or concern
- Person(s) receiving the initial report of threat or concern
- Target / Recipient(s) of any threatening or unusual communications
- Witness(es)
- Subject who made the threat
- Other potential sources:
 - Peers: Friends / Classmates / Co-workers (approach peers with discretion)
 - Employer, teachers, coaches
 - Parents
 - Local law enforcement /Community services

In addition to the value of the information that may be gained about a situation,

the team should also consider the risks associated with each potential conversation. Peers of subjects may warn the subject that the Team is looking into their behavior. Co-workers or relational partners may have biases for or against the subject (or target) that skews their response. The subject may be alerted that the school is aware of concerns and may escalate their behavior before they are stopped. The very act of asking questions about a subject, may cause concern/fear that they are dangerous, even if that turns out not to be the case. Rarely will team members know all of those potential dynamics before conversations are initiated, but they should be aware of the potential impact and reactions and monitor & plan for relevant contingencies.

Guidelines for Conversations

Each conservation should be approached as a chance to gather information as well as a chance to establish or build a relationship with the person(s) in that conversation. In particular, in conversations with the subject of concern – the person that the team is assessing – we strongly recommend giving that person a chance to tell their side of the story and to feel "heard." The same is true for victims or targets of a threat, as well as anyone who is expressing fear about someone else's behavior. Below are guidelines and examples of questions that can be used in the threat assessment process.

Nonverbal Behaviors

Be aware of your own body posture. To convey interest and understanding, make good eye contact (be aware of cultural norms as eye contact between a student and someone of authority is not seen as culturally acceptable for some cultures), orient your body towards them, and maintain a physical posture of interest. Keep focused on the story/narrative of what the other person is disclosing. And be sure to minimize distractions by turning off sound notifications on your cell phone and try to avoid checking your phone or computer while the other person is speaking.

Ask Skillful Questions

How questions are phrased can be critical to the amount of detail you receive. Questions show you are interested in their perspective. There should be a balance between open and closed ended questions and avoid rapid firing of questions as you don't want the person to feel they are being interrogated.

Questions should be interspersed with reflective statements, affirmations, and other ways that show the person you are listening. The text box below offers some sample questions for conversations in threat assessment cases.

Allow the Person to Answer Fully

No matter what question we ask, it is important that we let the person answer fully. Doing so helps them to feel heard – and also may help ensure that we don't miss any details in their answer. It can even be helpful to pause for just a few seconds before moving on to your next question so you do not make the person feel rushed and do not inadvertently cut off a longer response.

Sample Questions for Use in BTAM Cases

Open-Ended Questions

The goal of open-ended questions is to get the person talking and to provide more detail. It can be helpful to start with open-ended questions that make it easy for the person to respond. An easy acronym to facilitate a good skill set with open-ended questions is OARS—open-ended questions, affirmations, reflective statements, and summarizing. Examples of open-ended questions:

Conversation with Subject of Concern:

- Tell me what happened as your perspective is important.
- How are you feeling right now?
- What happened when you were [place of incident]?
- What exactly did you say and do?(write down exact words)
- What was meant when you said (or did) that?
- How did you think he/she feels about what you said (or did)?
- What was the reason you said (or did) that? (note prior history of conflict)
- What are you going to do now that you have made this threat?
- How did the fight between you two begin?
- How could this situation get in the way of what you want to accomplish?
- How do you think this situation will help you accomplish what you want?
- What do you perceive as the consequences of carrying out this act of violence?
- How do you think your actions might affect your family? Your future?
- Who are the people you turn to for support?

Conversation with Witness/Victim

- What exactly happened when you were [place of incident]?
- What exactly did [student] say or do? (write down exact words)
- What do you think he/she meant when saying that?
- How do you feel about what he/she said (or did)? (note level of fear and if perceive as a true threat)
- Why did he/she say or do that? (note prior history of conflict)

Close-Ended Questions

Close-ended questions can help provide clarification and help an uncomfortable person to still engage in a conversation. Oftentimes, close ended questions are followed by open-ended questions to obtain additional information. Be careful not to ask too many closed-ended questions as the dynamics can then feel like an interrogation. Examples of close-ended questions:

Conversation with Subject of Concern:

- "Do you know why I wanted to talk with you?"
- "Are you feeling upset right now?"
- "Did the fight start because [name of person(s)] upset you?"
- "Do you think carrying out your plan will solve all your problems?"
- "Do you think it'll be difficult for your family to deal with what you did or what could happen if you implemented (carried out) your plan?"

Witness/Victim Conversation:

- Are you concerned (scared, fearful, worried....)?
- Are others concerned?
- Are you scared to come to school?
- Do you think this can be resolved peacefully? If so, how?

Fostering Effective Case Discussions

When a BTAM team discusses the case to make its assessment, it can be helpful to keep in mind the following tips:

- Keep the discussion focused on the facts of the case as well as considering the importance of the unknowns.
- Avoid the tendency to profile based on generalizations, focus on behavior.
- Make sure to factor in any context that helps understand the threatening behaviors.
- Look at whether behavior is improving, deteriorating, or escalating over time.
- Try to corroborate critical information check the facts among multiple sources, work to resolve discrepancies
- Everyone should voice their concerns and opinion to the whole team, even if doing so
 - leads to lengthier discussion or disagreement. Be aware of personal biases that may impact perception of concern and interpretation of data.
- The Team should focus on what is still positive for the subject in question what is still
 - working for them and find a way to maximize that positive aspect. Build upon supports and resiliency.
- The team can also focus on what is changeable thinking back to the fact that several factors typically contribute to violence (i.e. the subject, target, environment & precipitating events, that might be encouraging violence or supporting it; the target, where the subject may feel that doing harm to that target could solve a problem). The team can think about what in this equation is changeable (e.g., decreasing stressors), what can be prevented (e.g., bullying), or what can help protect the subject from adverse circumstances (e.g., assign a mentor) and then factor that into their case management plan.

Team members should be inquisitive and challenge assumptions that are often made in cases. Consider the basis for the information and/or the assumption, along with its credibility and relevance.

Understanding Biases in Decision-Making

Seek to minimize bias in decision-making. When BTAM teams make assessment decisions, they should consider sources of bias/distortion in personal and team thought processes. These should be monitored and include (but are not limited to):

	-
Implicit Bias	Attitudes or stereotypes that affect our understanding, actions, and decisions in an unconscious manner; feelings and attitudes about other people based on characteristics (e.g., race, ethnicity, age, appearance); associations (positive or negative) can develop at an early age; influenced by exposure to direct and indirect messages, including media and news
Explicit Bias	Attitudes and beliefs toward certain types of individual(s) or group on a conscious level; often a direct result of a perceived threat, thus more likely to draw group boundaries to distinguish themselves from others; racism and prejudices
Confirmation Bias	Tendency to look for evidence or interpret information in a way that confirms a preconceived opinion; notice facts that already support own beliefs and ignore those that do not
Availability Bias	Assign importance to behaviors that immediately come to mind; miss or overlook importance of older information; if current news story (e.g., recent school shooting) all referred threats are seen as serious – can lead to overuse and misuse of suspension and expulsion
Hindsight Bias	Occurs after an event; person(s) may see the event as more predictable than it really was; leads to blame or belief could have predicted or prevented violent acts
Groupthink Bias	More likely to align own opinions with the group majority; fear of dissenting
Anchoring	Base final judgment on information gained early on – first impressions may bias future perspectives
Overconfidence	Failure to spot limits of knowledge and therefore perceive less risk. Too much faith in ability
In-Group bias	Overestimate abilities, value and credibility of people we know (or are similar to) than people we don't know or who are different
Probability neglect	Overestimate risks of harmless or low probability events, while underestimate risks of high probability events even when they are not harmless (1/84 chance of dying in vehicle accident vs 1/5,000+ of dying in plane crash).

		Place blame for your own bad outcomes on external events. When others have bad outcomes, make judgements about them – failure to account for person-situation interaction
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Sources: Daniel Kahneman (2013) *Thinking Fast & Slow;* Melissa Reeves (2021) *Behavioral Threat Assessment and Management for K-12 Schools*

APPENDIX D: FREE RESOURCES FOR Community BTAM EFFORTS

There are several resources that inform and guide the following approach to the behavioral threat assessment and management process. Following is a listing of key resources.



The Final Report and Findings of the Safe School Initiative: Implications for the Prevention of School Attacks in the United States (2002)

Available at: https://www2.ed.gov/admins/lead/safety/preventingattacksreport.pdf



Threat Assessment in Schools: A Guide to Managing Threatening Situations and to Creating Safe School Climates (2004)

Available at:

https://www2.ed.gov/admins/lead/safety/threatassessmentguide.pdf



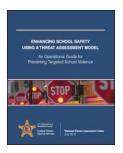
Guide for Developing High-Quality School Emergency Plans (2013)

Available at: rems.ed.gov/docs/REMS_K-12_Guide_508.pdf



Making Prevention a Reality: Identifying, Assessing & Managing the Threat of Targeted Attacks (2017)

Available at: www.fbi.gov/file-repository/making-prevention-a-reality.pdf



Enhancing School Safety Using a Threat Assessment Model: An Operational Guide for Preventing Targeted School Violence (2018)

Available at: https://www.secretservice.gov/protection/ntac



School Resource Officers, School Law Enforcement Units, and Family Educational Rights and Privacy Act (FERPA). (2019)

Available at:

 $https://studentprivacy.ed.gov/sites/default/files/resource_document/file /SRO_FAQs_2-5-19_0.pdf$



Protecting America's Schools. A U.S. Secret Service Analysis of Targeted School Violence (2019).

Available at: https://www.secretservice.gov/protection/ntac/



Averting Targeted School Violence: A U.S. Secret Service Analysis of Plots Against Schools (2021).

Available at: https://www.secretservice.gov/protection/ntac

APPENDIX E: ADDITIONAL RESOURCES AND PUBLICATIONS RECOMMENDED BY THE BAY AREA UASI

The following resources are recommended by the Bay Area UASI to provide additional sources of information and guidance to Community teams.

Faith Based Organizations - Houses of Worship:

https://www.cisa.gov/faith-based-organizations-houses-worship

Additional School Safety Resources:

https://www.schoolsafety.gov/

McCain Institute, Behavioral Assessment and Management A Practice Guide for the US Prevention Practitioners Network:

https://www.mccaininstitute.org/wp-content/uploads/2022/07/Practice-Guide-4-BA-and-BM-July-2022.pdf

McCain Institute, Legal Considerations for Targeted Violence and Terrorism Prevention:

https://www.mccaininstitute.org/wp-content/uploads/2022/03/Practice-Guide-2-Legal-Considerations-for-TVTP.pdf

McCain Institute, Prevention Through Education:

https://www.dhs.gov/sites/default/files/publications/community_engagement_o verview_v4_01.pdf

DHS, Overview of Community Engagement in Targeted Violence and Terrorism Prevention:

https://www.dhs.gov/sites/default/files/publications/community_engagement_overview_v4_01.pdf

DHS, Community Awareness Briefings:

https://www.dhs.gov/sites/default/files/publications/2019 host a cab flyer.pdf

DHS and Federal Resources to Prevent Targeted Violence and Threats:

https://www.dhs.gov/sites/default/files/2022-03/DHS%20and%20Federal%20Resources%20to%20Protect%20Communities%20 English 0.pdf

DHS and Federal Resources to Prevent Targeted Violence and Threats Handout - Translations:

https://www.dhs.gov/publication/dhs-and-federal-resources-prevent-targeted-violence-and-threats-handout-translations

National Threat Evaluation & Reporting Program Behavioral Approach to Violence Prevention:

https://www.dhs.gov/sites/default/files/publications/behavioral_approach_to_violence_preven_tion.pdf

The 2021 U.S. Violent Extremist Mobilization Indicators booklet:

https://www.dni.gov/index.php/nctc-newsroom/nctc-resources/item/2272-u-s-violent-extremist-mobilization-indicators-2021

The 2021 U.S. Violent Extremist Mobilization Indicators booklet:

https://www.dni.gov/index.php/nctc-newsroom/nctc-resources/item/2272-u-s-violent-extremist-mobilization-indicators-2021

Youth.Gov, Violence Prevention:

https://youth.gov/youth-topics/violence-prevention

APPENDIX F: INTERVENTION & MANAGEMENT PLANNING

BEHAVIORAL THREAT ASSESSMENT AND MANAGEMENT: Resource Mapping: Interventions & Monitoring

This appendix can be used to help BTAM teams identify what intervention and/or monitoring supports are currently available to actively manage BTAM cases, and to also identify what supports are not currently being utilized but could be. This appendix can also be referenced when planning for individual case management.

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- 1. Place an "X" in the box on the left of the interventions and/or monitoring supports that are <u>currently being used</u> to actively manage BTAM cases.
- 2. Place a vin the box on the right of the intervention and/or monitoring supports that could be used to actively manage BTAM cases (but are not currently being used).

DISCIPLINE

☐ ☐ Parent Meeting	□ □ Detention
□ □ Ticketed by law enforcement	☐ ☐ Suspension
□ □ Charges filed by law	□ □ Alternative to Suspension
enforcement	□ □ Habitually Disruptive Plan
☐ ☐ Law Enforcement Diversion	□ □ Alternative placement
Program	□ □ Expulsion
□ □ Court issues protective orders	□ □:
☐ ☐ No-contact order	□ □: <u> </u>
☐ Gun Violence Restraining Order	
	 ☐ Ticketed by law enforcement ☐ Charges filed by law enforcement ☐ Law Enforcement Diversion Program ☐ Court issues protective orders ☐ No-contact order

MONITORING		
☐ ☐ Check-in, checkout ☐ ☐ Searches ☐ ☐ Safety contract ☐ ☐ Adult/increased monitoring ☐ ☐ Late arrival/early dismissal ☐ ☐ Adult escorts from class-to- class, etc. ☐ ☐ Modify daily schedule (reduce free, unsupervised time; travel card) ☐ ☐ Restrictions	 □ On-going progress monitoring □ Track attendance □ No contact agreement □ Parent-school collaboration □ Parent/guardian will provide increased supervision □ Monitor for precipitating events (i.e., anniversaries, losses, perceived injustice, etc.) □ Change class schedule □ Reinforcement program 	□ Home visits (home-school connectedness, check for weapons, etc.) □ Searches/monitoring on-line activity □ Ankle monitor □ Ongoing collaboration with agency supports, probation/juvenile diversion, mental health professionals □ Detained, incarcerated, or placed under intensive supervision □ □
RELATIONSHIP BUILDING		
□ □ Establish system for student to seek support proactively from an adult □ □ Peer mentor □ □ Adult mentor □ □ Provide feedback and mentoring □ □ Peer supports	☐ ☐ Increase engagement in school activities ☐ ☐ Increase engagement in community activities ☐ ☐ Engage in leadership activities ☐ ☐ ☐ ☐ ☐ ☐ ☐ ☐	□ □ De-escalation training for staff □ □ Decrease isolation □ □ Monitor reactions to grievances, precipitating events and provide supports □ □ Trauma-informed training for staff □ □ □
SKILL DEVELOPMENT/RESILIEN	ICY BUILDING	
□ □	□ Supports from behavior specialist/school psychologist □ Counseling – in school □ Counseling – outside of school □ Conduct functional behavioral assessment (FBA) □ Develop behavioral intervention plan (BIP) □ Family supports/resources	

ADDITIONAL INTERVENTIONS				
 □ Revise IEP/504 Plan □ Intervention team referral □ Change in transportation □ Evaluation – □ psychiatric/psychological □ Special education assessment □ Drug/alcohol intervention 	 □ Change in class schedule □ Change in school day schedule (e.g., delayed start, reduced day) □ Change of placement to access more intensive services □ McKinney-Vento/foster care referral □ Social service referral 			
SCHOOL CLIMATE & CULTURE	ol climate and culture. Thus, the following			
□ □ Address systemic, procedural, or policy problems that may serve as precipitating events □ □ Build a caring and supportive climate and culture □ □ Implement effective threat and suicide assessment procedures □ □ Universal screenings for academic and social- emotional learning barriers	learning to include: Bullying prevention Violence prevention Suicide prevention Emotional regulation Conflict management Ensure positive dynamics among staff (serves as modeling for students)	□ □ Early intervention with emerging problems (MTSS supports) □ □ Explicitly teach about confidential reporting procedures □ □ Give permission to "Break the Code of Silence" and get help for a peer who is struggling □ □ □ □ □		
*Source: Reeves, M. (2021). <i>Behavior</i> Other strategies that can be utilized	al threat assessment and management for K-1	.'2 schools.		

APPENDIX G: SELECT BOOKS AND ARTICLES FOR FURTHER READING

ASIS International & Society for Human Resources Management (2020).
 Workplace violence and active assailant-prevention, intervention and response: American National Standard. Alexandria, VA: ASIS International.

Available at: www.asisonline.org/publications/sg-asis-shrm-workplace-violence- prevention-and-intervention-standard/

Association of Threat Assessment Professionals (2006). Risk
 assessment guideline elements for violence: Considerations for
 assessing the risk of future violent behavior. Sacramento, CA: Author.

Available at:

cdn.ymaws.com/www.atapworldwide.org/resource/resmgr/imported/documents/RAGE-V.pdf

- DeBecker, G. (1997). The gift of fear: And other survival signals that protect us from violence. New York, NY: Dell.
- Deisinger, G., Randazzo, M., O'Neill, D. & Savage, J. (2008). The handbook for campus threat assessment & management teams. Boston, MA: Applied Risk Management, LLC.

Available at:

https://www.amazon.com/Handbook-Campus-Threat-Assessment-Management/dp/0615 234933

 Drysdale, D.A., Modzeleski, W., & Simons, A.B. (April 2010). Campus attacks: Targeted violence affecting institutions of higher education.
 Washington, DC: United States Secret Service, United States Department of Education, and Federal Bureau of Investigation.

Available at: www2.ed.gov/admins/lead/safety/campus-attacks.pdf

• Meloy J.R. & Hoffman, J, (2021). International Handbook of Threat Assessment (2nd Ed). Oxford University Press: New York.

Available (for purchase) at:

https://global.oup.com/academic/product/international-handbook-of-threat-assessment- 9780190940164?cc=us&lang=en&

- Meloy, J.R. & Hoffmann, J. (2014). International Handbook of Threat Assessment. New York, NY: Oxford Press.
- Meloy, J.R. & Hoffmann, J., Guldimann, A., James, D. (2012). The role of warning behaviors in threat assessment: An exploration and typology. Behavioral Sciences and the Law, 30(3), 256-79.
- Mohandie, K. (2000). School violence threat management: A practical guide for educators, law enforcement, and mental health professionals. San Diego, CA: Specialized Training Services.

Available at:

www.amazon.com/School-Violence-Threat-Management-Mohandie/dp/0970318 91X

Nolan, J., Randazzo, M.R. & Deisinger, G. (2011). Campus Threat
 Assessment and Management Teams: What Risk Managers Need to
 Know Now. URMIA Journal, 2011

Available at: www.sigmatma.com/wp-content/uploads/2014/02/ NolanRandazzoDeisinger CampusThreatAssessmentTeams FINAL 20110802.pdf

 O'Toole, M. E. (2000). The school shooter: A threat assessment perspective.
 Quantico, VA: National Center for the Analysis of Violent Crime, Federal Bureau of Investigation.

Available at:

www.fbi.gov/file-repository/stats-services-publications-school-shooter-school-shooter

 Pollack, W., Modzeleski, W., Rooney., G. (2008) Prior knowledge of potential school-based violence: Information students learn may prevent a targeted attack. Washington, DC: U.S. Secret Service and U.S. Department of Education.

Available at: https://rems.ed.gov/Docs/ED BystanderStudy.pdf

- Reddy, M., Borum, R., Berglund, J., Vossekuil, B., Fein, R., & Modzeleski, W. (2001). Evaluating risk for targeted violence in schools: Comparing risk assessment, threat assessment, and other approaches. *Psychology in the Schools*, 38, 157-172.
- Reeves, M.A. & Brock, S.B. (2017). School Behavioral Threat Assessment and Management. *Journal Contemporary School Psychology*, 1-15. Doi: 10.1007/s40688-017-0158-6.

Available at: http://link.springer.com/article/10.1007/s40688-017-0158-6

 Reeves, M. (2021). Behavioral threat assessment and management for K-12 schools. Chattanooga, TN: National Center for Youth Issues.

Available at: https://ncyi.org/shop/landingpages/15-minute-focus-series/

 Silver, J., Simons, A., & Craun, S. (2018). A Study of the Pre-Attack Behaviors of Active Shooters in the United States Between 2000 – 2013.
 Federal Bureau of Investigation, U.S. Department of Justice, Washington, D.C. 20535.

Available at: www.fbi.gov/file-repository/pre-attack-behaviors-of-active-shooters -in-us-2000-2013.pdf

 Society for Human Resource Management &ASIS International (2011). Workplace Violence Prevention and Intervention: An American National Standard.

Available at: https://webstore.ansi.org/standards/asis/asisshrmwvp2011

• United States Department of Education (October 2007). Balancing student privacy rights and school safety: A guide to the Family Education Rights and Privacy Act for colleges and universities. Washington, DC: Author.

Available at:

https://safesupportivelearning.ed.gov/resources/balancing-student-privacy-and-school-saf ety-guide-family-educational-rights-and-privacy

 Van Dreal, J. (Ed.) (2011). Assessing student threats: A handbook for implementing the Salem-Keizer System. Lanham, MD: Rowman & Littlefield Education.

Available at: www.studentthreatassessment.org/

 Virginia Center for School & Campus Safety (2016). Threat Assessment in Virginia Schools: Model Polices Procedures and Guidelines. Author: Richmond VA.

Available at:

www.dcjs.virginia.gov/sites/dcjs.virginia.gov/files/publications/law-enforcement/threat-as sessment-model-policies-procedures-and-guidelinespdf.pdf

APPENDIX H: PROFESSIONAL ASSOCIATIONS AND ONLINE RESOURCES

Association of Threat Assessment Professionals

www.atapworldwide.org

The Association of Threat Assessment Professionals (ATAP) is a non-profit organization comprised of law enforcement, prosecutors, mental health professionals, corporate security experts, probation and parole personnel, and others involved in threat & management, and violence risk assessment. The purpose of ATAP is to afford its members a professional and educational environment to exchange ideas and strategies to address such issues as stalking, threats, and homeland security. The Association's website includes a Resource Library, Conference presentation materials, and information about membership and events.

Northern CA Chapter: https://www.atapworldwide.org/page/6

Averted School Violence Project

https://www.avertedschoolviolence.org/

The Averted School Violence Near Miss reporting system, developed with support from the COPS Office, allows law enforcement officers, school personnel, and mental health professionals to share "close calls" in order to improve school safety and prevent tragedies.

Our mission is to encourage individuals to share their stories and lessons learned from averted school violence incidents in order to prevent future injuries and fatalities in educational institutions. The lessons learned can be used to inform future school policy and safety procedures. Sharing your story is an anonymous, secure, non-punitive, and confidential process.

California Department of Education

Safe Schools Planning - information intended to help schools identify elements and resources important in improving school climate and safety.

https://www.cde.ca.gov/ls/ss/vp/safeschlplanning.asp

Colorado School Safety Resource Center

https://cssrc.colorado.gov/

The CSSRC provides free consultation, resources, training, and technical assistance

to foster safe and secure learning environments, positive school climates, and early intervention to prevent crisis situations. CSSRC supports schools and local agencies in their efforts to prevent, prepare for, respond to, and recover from all types of emergencies and crisis situations. Information and resources from the CSSRC are available to all schools, school officials, and community partners throughout the State of Colorado.

Family Policy Compliance Office, US Department of Education

https://www2.ed.gov/about/offices/list/opepd/sppo/index.html

The mission of the Family Policy Compliance Office (FPCO) is to meet the needs of the Department's primary customers--learners of all ages--by effectively implementing two laws that seek to ensure student and parental rights in education: the Family Educational Rights and Privacy Act (FERPA) and the Protection of Pupil Rights Amendment (PPRA)

National Alliance on Mental Illness

www.nami.org

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. The website has many resources about mental health concerns.

National Association of School Psychologists

www.nasponline.org

The National Association of School Psychologists (NASP) is a professional association that represents more than 25,000 school psychologists, graduate students, and related professionals throughout the United States and 25 other countries. The world's largest organization of school psychologists, NASP works to advance effective practices to improve students' learning, behavior, and mental health. Our vision is that all children and youth thrive in school, at home, and throughout life.

National Center on Safe Supportive Learning Environments (NCSSLE)

https://safesupportivelearning.ed.gov/

The Center is funded by the U.S. Department of Education's Office of Safe and Healthy Students and the U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration (SAMHSA) to: provide training and support to state administrators, institutions of higher education;

teachers; support staff at schools; communities and families; and students and seek to improve schools' conditions for learning through measurement and program implementation, so that all students have the opportunity to realize academic success in safe and supportive environments. The Center's website includes information about the Center's training and technical assistance, products and tools, and latest research findings.

National Resource Center on Domestic Violence

www.nrcdv.org

The Center is an independent, non-profit organization that serves as a comprehensive source of information for those wanting to educate themselves and help others on the many issues related to domestic violence.

National Resource Center on Workplace Responses

www.workplacesrespond.org

Funded by the U.S. Department of Justice, Office on Violence Against Women, the Center offers resources for those interested in providing effective workplace responses to victims of domestic violence, sexual violence, dating violence, and stalking. The site contains a workplace policy creation tool offering choices of model language.

Safe and Sound Schools

https://safeandsoundschools.org/

Safe and Sounds Schools was founded by parents who lost their child in the Sandy Hook tragedy. Safe and Sound Schools is focused on collaborative, multi-disciplinary approaches to help protect schools. Many free resources are available to download including guidance for safety planning for students with disabilities, safety took kits, how to begin a student school safety committee, parent and educator resources, and many more. They also have a speaker's bureau composed of school safety experts and educators with extensive experience in school safety, prevention through recovery.

Stalking Resource Center, National Center for Victims of Crime

https://victimsofcrime.org/stalking-resource-center/

The Center works to enhance the ability of professionals, organizations, and systems to respond effectively to stalking by providing training, technical assistance, and resource materials for professionals working with and responding

to stalking.

Virginia Center for School and Campus Safety / Virginia Department of Criminal Justice Services

https://www.dcjs.virginia.gov/virginia-center-school-and-campus-safety

The Virginia Center for School & Campus Safety is dedicated to supporting our constituents in the K-12 environment through training, with resources and technical assistance, and by guiding best practices. One of the many important components for K-12 schools is Safety & Security - on this portion of the website visitors will find information on School Security Officers, the annual School Safety Audit, and other school safety topics.

A variety of resources (including this guidance document) can also be obtained through the VCSCS site, under the K-12 resources located at:

www.dcjs.virginia.gov/virginia-center-school-and-campus-safety/k-12/resources

Youth Violence Project of the Curry School of Education, University of Virginia

https://education.virginia.edu/research-initiatives/research-centers-labs/research-labs/youth-violence-project

The Youth Violence Project conducts research on effective methods and policies for youth violence prevention and school safety. The project's website contains extensive information about the Virginia model of threat assessment, an approach to violence prevention that emphasizes early attention to problems such as bullying, teasing, and other forms of student conflict before they escalate into violent behavior. School staff members are encouraged to adopt a flexible, problem-solving approach, as distinguished from a more punitive, zero tolerance approach to student misbehavior.

APPENDIX H: SAMPLE POLICIES

We include herein two sample policies that schools and districts can consider adopting when starting (or updating) school behavioral threat assessment and management (BTAM) program. The sample policies meet the elements of effective school threat assessment policies identified in current standards of practice.¹² Schools and districts can also combine aspects of the model policies to build a more detailed policy or use elements of the sample policies provided to create a new policy.

In addition to adopting a board policy for school threat assessment, we encourage schools and districts to develop operating guidelines or procedures that their BTAM team(s) should follow to use the BTAM process. Separating procedures out from a policy statement allows for easier revision to procedures and operating guidelines, as well as permits procedural flexibility in situations that may require flexibility to reduce a risk posed.

Sample Policy – Option 1

School Board Policy on School Threat Assessment¹³

- Behavioral Threat Assessment and Management Team(s): The Superintendent shall establish school-based behavioral threat assessment and management (BTAM) team(s) to assess and intervene with individuals whose behavior may pose a threat to the safety of students, school staff, and/or visitors.
 - o The Superintendent may establish one or more threat assessment teams as needed to ensure every school in the district has access to a BTAM team.
- <u>District Team:</u> The Superintendent may also establish a District-wide support and advisory team that can support the needs of the district's behavioral threat assessment and management process.

M. (2002). <u>Threat Assessment in Schools: A Guide to Managing Threatening Situations and Creating Safe School Climates</u>. Washington, DC: U.S. Secret Service and U.S. Department of Education.

¹² National Threat Assessment Center (2018). <u>Enhancing School Safety Using a Threat Assessment Model</u>. Washington, DC: U.S. Secret Service. See also Fein, R., Vossekuil, B., Pollack, W., Borum, R., Modzeleski, W., & Reddy,

¹³ For a similar model school board policy for Virginia schools, see Virginia Department of Criminal Justice Services (2016). <u>Threat Assessment in Virginia Public Schools: Model Policies, Procedures, and Guidelines</u> (2d Edition). Richmond, VA: Author.

- <u>Team Authority</u>: Each BTAM team is authorized to engage in school behavioral threat assessment and management procedures, including:
 - o identify persons (or situations) whose behavior raises concerns about school safety;
 - o gather information from multiple sources to get a fuller perspective on the person's behavior, intent, and situation;
 - o assess the available information to determine if the person poses a threat of violence (whether the threat posed is to others, to self, or to both others and self); and,
 - o develop, implement, and monitor a plan to reduce the threat posed and enhance the school's safety.
- <u>Team Jurisdiction</u>: Each BTAM team shall have authority to engage in behavioral threat assessment and management procedures in situations where:
 - o There is a communication (verbal, written, gestured, via social media, or by other means) threatening violence to others or to self and others; or,
 - o There is other behavior that raises concern about potential violence to others or to self and others.
 - o Cases or situations where the only threat or concern is about potential suicide or self-harm shall be referred the school's psychologist or counselor to follow the school's existing procedures for a safety assessment or suicide assessment.
- <u>Team Membership:</u> Each BTAM team shall include members with expertise in the following areas:
 - o School administration
 - o Education (which occupations fall into this category? Teachers/School Counselors?)
 - o Legal Counsel
 - o County Mental Health/Behavioral Health
 - o Law enforcement
 - o Juvenile Probation
 - o Ad hoc members for particular cases (e.g. Special Education personnel)
- <u>Team Responsibilities:</u>

- Each BTAM team shall engage in behavioral threat assessment and management procedures listed herein, in situations that meet the BTAM team's jurisdiction;
- Each BTAM team shall confer with the Superintendent to comply with district policy and state law as to when threat assessment matters should be referred to law enforcement;
- o Each BTAM team shall follow district suicide assessment policy in matters where a threat assessment team determines that a student poses a threat of harm to self, referring that student for further assessment and intervention to the applicable in-school or community-based mental health resource;
- o Each BTAM team shall also engage in periodic efforts to encourage students, employees, volunteers, parents, and visitors to report threatening communications or behavior;
- Each BTAM team shall provide guidance to students, employees, volunteers, parents, and visitors about what threatening behaviors to report and where to report those concerns.

Mandatory Reporting:

 All employees, volunteers, and contractors are required to report any communicated or expressed threat, or other behavior that may represent a threat to the safety of the community, school, and/or self.

Sample Policy - Option 2

Violence-Free Schools Policy

VIOLENCE IN PROCESS OR IMMEDIATE THREATS: DIAL 911: Violence currently in progress or threats of imminent violence should be reported immediately to local law enforcement (dial 911) for emergency response coordination.

POTENTIAL THREATS: Potential threats of violence should be immediately reported to the assigned Behavioral Threat Assessment and Management (BTAM) Team.

Purpose

The District is committed to provide a learning and working environment that is

free from violence. A Behavioral Threat Assessment and Management Program has been established for all district schools, to evaluate both immediate and potential threats of school violence and to intervene where possible to prevent harm. BTAM teams are authorized to engage in school behavioral threat assessment and management procedures on behalf of the district, with a goal of preventing harm and providing support.

Prohibition on Retaliation and False Reports

All employees, students, volunteers, parents, and visitors shall report all acts of violence and threats of violence to the appropriate BTAM Team.

This policy prohibits retaliation against anyone who, in good faith, reports a threat or other troubling behavior. All reports of violence will be handled in a confidential manner, with information released on a need-to-know basis.

Deliberately false reports of threats or deliberately false reports of other troubling behavior shall be considered instances of unacceptable personal conduct and may be subject to disciplinary action.

Prohibited Behaviors

It is a violation of this policy to:

- Engage in violence, or threaten to engage in violence, at any school and/or against any student or employee;
- Possess, use, or threaten to use an unauthorized weapon;
- Engage in off-campus violent conduct or threat that has a potential adverse impact on employees, students, facilities, volunteers, visitors, or vendors

A violation of this policy may be grounds for disciplinary action, up to and including dismissal. An act of off-campus violent conduct may be covered by this policy and may also be grounds for disciplinary action, up to and including dismissal.

Restraining Orders If a member of the ______District community has a protective order or restraining order that may cover them while at any ______District facility in any capacity, they should notify the Superintendent and/or the Coordinator of Emergency Management and Safe Schools.

Gun Violence Restraining Orders¹⁴

Behavioral Threat Assessment and Management

______ District has developed behavioral threat assessment and management (BTAM) teams that will assess and respond to immediate and potential acts of school violence. The teams involve representatives of school administration, law enforcement, mental health / counseling, and will involve other representatives as needed (e.g. a representative from Special Education). The teams will be responsible for following best-practice procedures in school behavioral threat assessment and management, for any situation referred to the team where there is a concern about potential violence to others or to self and others. Behavioral threat assessment and management procedures include receiving reports about threats and other troubling behavior, gathering additional information, conducting objective assessments, determining appropriate risk-reduction responses where necessary, and conducting related activities to encourage employees, students, vendors, volunteers, and visitors to report threats and other troubling behavior that raises concern about potential violence.

¹⁴ For more information: https://www.courts.ca.gov/33679.htm?rdeLocaleAttr=en